

# TRAIL BLAZER

NEWSLETTER OF THE ROANOKE APPALACHIAN TRAIL CLUB

SPRING 2000

*The Roanoke Appalachian Trail Club is a recreational hiking association of volunteers who preserve and improve the Appalachian Trail as the nation's premier, continuous, long-distance footpath.*

## President's Report

I took my first hike with the Roanoke Appalachian Trail Club almost 25 years ago. I remember how nice everyone was and how much I enjoyed the outing. Over the years, as I became more involved in various club activities, nothing has happened to alter my original impression. You are indeed a great group of people and I consider it an honor to have been asked to serve as your president.

In the coming months we'll have hard work and challenges as we fulfill our duties as stewards of the trail. We'll also experience the joy of hiking a favorite section or seeing the moon rise from the cliffs of McAfee Knob. Most of all, we'll enjoy our friendship.

Several years ago, while visiting the Canadian Rockies, I picked up a trail guide containing a passage by J. Monroe Thorington which immediately resonated with me: "We were not pioneers ourselves, but we journeyed over old trails which were new to us, and with hearts open. Who shall distinguish?"

Dick Clark

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## TRAIL BLAZER

Roanoke Appalachian Trail Club  
PO BOX 12282  
ROANOKE VA 24024-2282

CHANGE SERVICE  
REQUESTED

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
ROANOKE, VA  
PERMIT 509



**Hike Schedule - SPRING 2000****Guests**

Visitors are always welcome. Come dressed for hiking. You are expected to follow the directions of the hike leaders.

**Transportation**

You may drive your own car if you wish; however, the hike leader is responsible for arranging transportation and all will follow his/her directions. The cost to help defray car expenses is noted on the schedule and should be given to the driver.

**Meeting Place**

The point of departure is at the discretion of the hike leader, so always check with the leader when planning to attend.

**SUNDAY, APRIL 2, 2000****8:00 AM WORKHIKE-BLAZING  
SOUTH OF PEARISBURG**

\$3.00 carpool fee

Charles Parry 540/951-1402

Lyn Bryant 343-2084

**1:00 PM HAYROCK**

7 miles moderate

No carpool fee

Hal Cantrill 387-2347

Suzanne Barnett 772-4273

**SUNDAY, APRIL 9, 2000****8:00 AM BEARWALLOW GAP  
TO BLACKHORSE GAP**

7 miles moderate

\$2.50 carpool fee

Bobbie Stitcher 890-2140

Maurice Turner 334-2128

**1:00 PM BLACK RIDGE TRAIL TO  
ROCKY KNOB CAMPGROUND**

6 miles moderate

\$2.50 carpool fee

Lucien Metayer 344-1877

Mervin Brower 387-9732

**SUNDAY, APRIL 16, 2000****8:00 AM UPPER LOOP HOOP HOLE  
FROM ROARING RUN**

10 miles moderate-strenuous

\$3.00 carpool fee

Ed Wallace 774-0175

Jill Gawne 384-7023

**1:00 PM CARVIN COVE BOAT LAUNCH  
TO GRAVEYARD**

4 miles easy

\$2.00 carpool fee

Zetta Campbell 366-8165

Sue Scanlin 989-0497

**SATURDAY, APRIL 22, 2000****7:00 AM SHENANDOAH NAT'L PARK  
COMPTON GAP TO I-66**

15 miles strenuous

\$3.50 carpool fee plus park admission

Jimmy Whitney 344-4117

**SUNDAY, APRIL 30, 2000****8:30 AM TAR JACKET RIDGE-COLE  
MTN-OLD HOTEL LOOP**

10 miles moderate

(6 mile loop available call for details)

\$3.00 carpool fee

Dick Clark 989-7053

Bob and Kris Peckman 366-7780

**1:00 PM TRILLIUM HIKE-FLAT TOP**

5 miles moderate

\$2.50 carpool fee

Carolyn Barratta 774-5651

Linda Akers 776-1969

**SUNDAY, MAY 7, 2000****8:00 AM WORKHIKE-SINKING CREEK  
MOUNTAIN**

\$2.50 carpool fee

Charles Parry 540/951-1402

Hal Cantrill 387-2347

**10:00 AM MCAFEE KNOB - JOINT HIKE  
WITH NATURAL BRIDGE TRAIL CLUB**

7 miles moderate

\$1.00 carpool fee

Linda Akers 776-1969

Sue Scanlin 989-0497

## Welcome New Members

The Roanoke Appalachian Trail Club welcomes the following new members. We look forward to meeting you on the trail soon.

Dave Hicks  
Mark Nelson  
Joseph McManus

Phelps Gates  
E. H. Wetherington  
Preston Haskell  
Jennifer Pfister

Michael Santoroski  
Larry Cook  
Berlie & Patsy Bowman

## Trail Supervisor's Report

Spring is one of our busiest times of the year and this one will not be an exception. To the best of my knowledge, this winter has been relatively kind to us with no major storm damage. One of our goals for spring of 2000 will be to reblaze most of the Roanoke Club's section of the AT south of Pearisburg. Accordingly, we have scheduled a blazing day for April. How much of it we get done in a day will depend on the turnout. We will also have our usual Sinking Creek Mountain and Whiterocks area worktrips. We will wind up the spring season with our first Konnarock visit on Brushy Mountain from June 15 - 19. Hopefully, we will be able to complete the relocation down there that week. Our second Konnarock visit will be in the summer schedule from July 27 - 31 on the War Spur relocation. As always good club participation is appreciated during these visits.

We now have several new and reassigned overseers. Mike Sowder has moved to Nova, but has left a replacement, Mike Reilly, for the south Dismal Creek section. Brian Kelley has been reassigned to the Kelley Knob section that

was formerly maintained by Gary Close and Ron Ross. David Hicks, a new member who lives in Dublin, has taken over Brian's old section in the Doc's Knob area. I want to say welcome aboard to the new overseers, and thank you to those who have departed. This year we plan to schedule an overseer - land management meeting for May. We will send out announcements later in the spring. The format may be a bit different than in the past, with a few more guests.

Right now the chainsaw certification program with the Forest Service seems to be in a state of change, but we hope to get something set up later this year. I am not sure exactly when. A convenient way to communicate with maintainers is through e-mail. My handle is parrycj@math.vt.edu. If I haven't previously communicated with you that way or you have a new handle, please send me a note.

I look forward to seeing you on the trail this spring.

Charles Parry

## Email Cheaper than Postcards

We are reserving the phone tree for special needs. Mailing is expensive and labor-intensive. The easiest way to give us email

handles for the membership list is to email me at bob@peckmanjazz.com and also Don Nulph at nulph-dr@worldnet.att.net.

## Land Management Supervisor's Report

Although activity on Trail related projects has been low in the last couple of months a couple of items are beginning to pick up.

The final demolition and clean up of the Vail house is now out for quote and by the time this newsletter comes out it will hopefully be underway. When that is done the major demolition and clean up of what are called incidentally acquired structures will be finished for a while. Incidentally acquired means that when the Trail lands were obtained to protect the Appalachian Trail, some lands had houses or other structures on them. In the Roanoke Trail Club's area there are two remaining life-time or term estates left that have structures on them. In one case the land and structures can be used during the life of the original owners and in the other case there is an end date several years out to the term of the use by the original owner. Until these properties actually transfer to the Park Service, no action on them is needed.

The final hearing by the Virginia State Corporation Commission for the proposed AEP 765 kV power transmission line is now scheduled to start in Richmond on May 1. This line must cross the Appalachian Trail if it is approved and the Roanoke Appalachian Trail Club and the ATC have been working for a long time to minimize the impact of the crossing. The current proposal by AEP will have a limited impact with the crossing adjacent to I-77. The Land Management Supervisor and Mike Dawson from the Appalachian Trail Conference will be attending that final hearing. No actions of consequence affecting the Appalachian Trail have occurred on this project during the last couple of months.

The enlargement of the Catawba Mountain Trail parking lot has been delayed by a funding issue, but it is hopeful that there will be planning and bidding action starting on that in early April.

Hal Cantrill

## Editor's Message

I have been asked to fill Ralph Burgio's shoes, and they are a very large size. I know very little about MS-Word past basics-101. If anyone would be willing to serve as a consultant that would be very helpful. In the meantime I will try to maintain Ralph's and HR's format unless I get into too much trouble.

The best way to send Blazer material is to cut and paste it into email and send it to bob@peckmanjazz.com. Plain text on a 3½"

floppy is just as good. I have MS-Word-97, but prefer text. Typing can be scanned, handwriting is also fine. The same goes for hike reports to kris@peckmanjazz.com.

Look at the last date on the hike schedule. The deadline for the next issue will always be 45 days before that. Mark your calendar May 3<sup>rd</sup> that the next Blazer deadline is May 10<sup>th</sup>.

Bob Peckman

## Trail Photos Still Wanted

Photos are being sought for the "Photo Gallery," "Trail Attractions," and "Shelters" portions of the web page. If you have photos (digital or prints - sorry, no slides please) that were taken in the RATC section of the trail for our web page, please send them to: David A Cheslow, 730 Apperson Drive, Salem, VA 24153-7021. E-mail digital photos to dcheslow@swva.net.

Please include: your name and names of the photographer and the people in the picture, the date and place the picture was taken plus comments to accompany the picture. No slides or copyrighted pictures please. There is a special need for photos of the trail shelters maintained by the RATC

The webmaster is David A. Cheslow

## The RATC Mid-Week Crew

The Mid-week crew works independently on hikes and trail maintenance (A.T. and other) on, as the name applies, weekdays.

To learn more about the mid-week crew, contact.

Bill Gordge.....344-9213

## ROANOKE APPALACHIAN TRAIL CLUB 1999 MEMBERSHIP & RENEWAL APPLICATION

If accepted for membership, I agree to:

1. Support the objectives of the Roanoke Appalachian Trail Club
2. Abide by the rules of the National and State Parks and Forests
3. Respect the interests of the owner when on private property
4. Keep trails and woodlands free of litter
5. Abide by instructions of the leader on group hikes and trips

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Day: \_\_\_\_\_ Evening: \_\_\_\_\_ Email: \_\_\_\_\_

One Year Two Year

One Year Two Year

- |   |  |
|---|--|
| <input type="checkbox"/> New Family Membership.....\$20.....\$35                      | <input type="checkbox"/> Family Membership Renewal.....\$15.....\$30     |
| <input type="checkbox"/> New Individual Membership.....\$15.....\$25                  | <input type="checkbox"/> Individual Membership Renewal.....\$10.....\$20 |
| <input type="checkbox"/> Lifetime Membership ..... \$500.....Amount Enclosed: \$_____ |  |

Make checks payable to: RATC, PO BOX 12282, ROANOKE VA 24024-2282

## Hike Reports

### **Route 16 Sugar Grove to I-81 June 13, 1999**

Tina Welcher (leader), Bobbie Sticher (assistant), Gary Hale, H.R. Blankenship, Bob and Kris Peckman, Henry McLain, Charles Woolwine

The group started the hike at Route 16 across from the Mount Rogers Visitor Center. The beginning of the section was a climb to the ridges of Brushy Mt., Locust Mt. and Glade Mt. Lunch was had at the Chatfield Shelter and then on to Route 615, where we had the pleasant surprise of walking right through the property of the Settlers Museum of Southwest Virginia. I believe everyone stopped and checked out the neat old schoolhouse before setting off on the final leg to Route 11 at Groseclose right off of I-81. A pleasant day and another AT section bites the dust.

Note from the editor, who was also a participant on this hike: Charles spotted a black snake eating a garter snake, and several of us stopped to observe. The garter snake was putting up a valiant struggle to back out of the black snake, but I believe the black snake ended up having all of him for dinner.

### **Chessie Nature Trail Dec. 12, 1999**

Anne Hanna (leader), Kris Peckman (assistant), Kevin Hanna, Linda Akers, Mike Ferguson, Billy Ferguson, Marianne Demko, Bob Peckman, Dan Henderson

The morning was overcast and cool but the sun broke through the clouds and warmed up the trail. After a car switch we started the hike at East Lexington. The Chessie Trail is what remains of the C&O railroad line from Lexington to Buena Vista. It follows the Maury River and overlooks the ruins of the James River and Kanawha canal. Having been a railroad bed, the trail is very level and easy to

walk. The landscape along the Maury River is varied with views of large pastures and awesome limestone formations. One passes by a beautiful old mansion known as "The Hidden House". This trail is popular among local hikers, joggers, dog walkers, etc. The group took a lunch break at milepost 3.5. We saw groups of ducks, Canada geese, juncos and other birds. A large bamboo thicket is located next to the trail. Marianne and Linda pointed out some interesting jelly fungus (great stuff). This was a chance to get reacquainted with old friends and meet new ones. It was a real treat to meet Mike's baby boy, Billy. One can only imagine what a hiker he will become.

### **Black Ridge Trail December 12, 1999**

Mervin Brower (leader), Joyce Fisher (assistant), Blanche Brower, Phyllis Keith, Rodny Meadows, Mary Gilbert

The day was sunny with temperatures in the 50s, which made for a nice walk. The drive out along the Parkway was pleasant with not much traffic. With the weather being cold and no leaves, the view from the top was spectacular. The hike lasted about 1 1/2 hours.

### **Smart View Loop December 19, 1999**

Zetta Campbell (leader), Ed Wallace (assistant), Suzanne Barnett, Mary Gilbert

Smart View Loop Trail, the last afternoon club hike of the year--of the century, of, the MILLENIUM! Well, almost. Anyway, it's been a thousand years since the first digit of the year changed.

Such a dramatic event deserves a dramatic hike. But it wasn't. Poor planning. Actually, it was just a very pleasant walk up in the mountains, only 2.6 miles, but a nice time outdoors. It was cloudy, but not gloomy; cold, but not freezing. We had beautiful "smart" views of the

mountains. Mary celebrated this her 30th birthday by racing ahead of the others and being the first out. She had brought her own car. Ed drove the other two back to his house, where Zetta picked up her violin, got in her car, and drove home. Suzanne, too, got in her car and drove home. You see, Zetta and Suzanne, flautist, had played in the church orchestra that morning and had come right from the church.

We hope we will make beautiful music and enjoy more wonderful hikes when that first digit of the year turns to two.

### **Big Horse Gap to Bluff City Jan. 2, 2000**

Bobbie Stitcher (leader), Linda King (assistant), Linda Akers, H. R. Blankenship, Marianne Demko, Tina Welcher

On the second day of the year 2000, six avid hikers headed south on I-81, then west on U.S. 460 to Pearisburg. We left a car at Wade's Supermarket and then headed to Big Horse Gap to begin our hike.

It was a beautiful, sunny, cloudless January day. The temperature was around 60 degrees for most of the day. We hiked along the ridge of Pearis Mountain and ate lunch at Doc's Knob Shelter. At Angel's Rest we had a great view of Pearisburg and the New River Valley. We finished the hike where U.S. 460 crossed the New River in Pearisburg. Three of our hikers (Linda A., Linda K. and Marianne) were hiking this section of our trail for the first time. This hike was listed for the Radford 99 conference this past summer as 12.1 miles. We think it was longer than the 11 miles listed in our newsletter.

### **Barbour's Creek Wilderness - Lipes Branch / Potts Mountain Jeep Trail - January 16, 2000**

Bill Gordge (leader), John Lynham (assistant), Beverly Williamson, Bob and Kris Peckman, Bobbie Stitcher, Malcolm Black, Steve Bogese, Gary Hale, Wendell Boitnott, Steve Nation, Maurice Turner, Jim and Terry Wray

I made a last-minute change in plans, realizing that by starting from FS 176 we would be generating a 45-minute car shuttle at each end of the hike. By starting and ending on Route 617, we were reducing each car shuttle to ten minutes at the most.

What a great day we had! A wonderful group of people, and an outing just right for a short winter's afternoon - snappy and cool, but not too cool - but enough to chirp up the circulation after the slothful ways of the holidays.

The Lipes Branch trailhead is close to The Pines Campground on Rt. 617. The trail is in very poor shape, heavily eroded and terribly graded, thus it offered us a challenging 1800-ft. climb through the Barbour's Creek wilderness to the Potts Mountain ridgeline.

On reaching the crest, with its jeep road and open grassy fields, we were rewarded by stunning views far to the East with fold after fold of hazy mountain ridges, and later to the West a look into West Virginia from fierce wind-swept rocky outcrops.

We ate our lunch in the comfort of a sheltering fold in the ridge, but soon the cold began to seep into our bones, and we had to move on. Shortly we entered a great rolling grassy field, a high panorama which never fails to surprise and delight the newcomer. Then it's easy up and down along the mountain road to a final steep plunge back down into the valley, and a rock-hop across the icy waters of Barbour's Creek, and back up to the road.

We enjoyed the company of two out-of-state friends of Wendell's: Jim and Terry Wray, and we hope they will come again.

### **Fulhardt Knob to Route 11 - Jan 16, 2000**

Lucien Metayer (leader), Sharon Bottomley (assistant), H.R. Blankenship, Mary Ann Johnson, Joe Ann Lampros, Pat Cousins, Bob Barrows, Suzanne Barnett, Zetta Campbell,

Linda Akers, Tony and Lynette Martin, Marc Cuadrado, Bill Mistele

Fifteen true hikers gathered at the Daleville Commuter Parking Lot. After some introductions, we left for our hike. We left one car at the Route 11 parking lot and headed for Salt Pond Road. We hiked up the maintainer's trail to the A.T. We cut the hike down by 1.5 miles to make sure everyone would be out by dark. After resting from the initial climb from the cars, we headed up the mountain to Fulhardt Knob Shelter. We met Lyn Bryant at the shelter, where he was checking on the shelter and cleaning up the area. Keep up the good work, Lyn. After resting and eating some snacks, we headed down the mountain. The trail was in good shape. The leaves were thick on the trail and the footing tricky in some areas as a result. It was a warm and breezy day, but still good for hiking. We returned to the parking lot around 4:30 pm. All had a good time.

--- "TAKE ONLY PICTURES AND LEAVE ONLY FOOTPRINTS" ---

### **Spec Mine Trail and Hammond Hollow Loop - February 6, 2000**

Dick Clark (leader), Gary Hale (assistant), H.R. Blankenship, Harry Neumann, Bobbie Sticher, Jim Folger

The Parkway was open and in really good shape, so we made it to the Montvale Overlook without any problems. Then the fun began. I dearly love to tromp through freshly fallen snow, but this stuff had been around for a while and had developed a nasty crust. You know what I mean -- the snow supports your weight for about three nanoseconds and then your boot breaks through. Each and every step -- step after step after step.

We started north on the Appalachian Trail -- a virtually unbroken expanse of white. I quickly became aware of what is apparently an unwritten rule of the club, to wit: in the case of snow, the leader is also the trail breaker. Period. No amount of pleading could induce any of the other hikers to move to the front.

But I digress. In two miles or so we reached the Hammond Hollow Trail and headed downhill. At the first intersection we turned left and followed a Forest Service road which had little significant change in elevation. Due to a fair amount of vehicular traffic, the snow was packed down and we were able to pick up the pace a bit. To complete the circuit, we eventually found the Spec Mines Trail and headed back uphill. An ATV had broken the trail for a few hundred feet, but then it was virgin snow again. When we reached the Parkway, we found that we had made pretty good time under the circumstances -- about four and a half hours for a nine-mile loop.

Incidentally, a couple of weeks later, I was hiking with a group of my friends in the same general area. With the snow completely gone, I almost felt as if I were flying as I came up the Spec Mines Trail again.

### **Fallingwater Cascades Feb 6, 2000**

Sue Scanlin (leader), Don Nulph (assistant), Dana Helsley

The entire trail was still snow-covered, so we just followed other hikers' tracks and ended up doing the loop. The cascades were a little disappointing insofar as they were not totally frozen, but we all enjoyed the hike very much, and the scenery from the Parkway, too. This was Dana's first hike with the RATC, and we hope he'll join us for many more.

### **Brush Mountain February 13, 2000**

Sharon Bottomley (Leader), Gloria Parry (Assistant), Dana Helsley, Bobbie Sticher, Harry Gallatin, Larry Cook, Blake Mitnick, Charles Parry, Harry Neumann, and James Folger

We decided not to do the car switch, but only to hike as far up as time would allow. This turned out to be a wise decision, as there was still quite



a bit of snow on the trail and drifts in several places, which made for slow going at times. Fog hung in the air, which gave the woods an eerie beauty. Other than a snow squall in the midafternoon it was a beautiful day for a hike. Charles put in some time clearing blowdowns on the beginning of the trail.

**AT: Lickskillet Hollow to I-77  
February 20, 2000**

John Lynham (leader), Ken Garrett (assistant), H.R. Blankenship, Gary Hale, Larry Metayer, Karl Kunkel, Larry Cook, Dave Cheslow

Since this was an all-guy hike, we dispensed with some of the usual stuff, like manners, comfort stops on the way to the trailhead, etc. John and Karl drove up from North Carolina, which meant rolling out of bed about 4:30 am. Larry, a recently joined RATC member, came in from Martinsville.

We hiked south-to-north, which made the car switch a little easier and meant less climbing. Although the weather was pretty mild in Roanoke, it felt a lot chillier at 3,000 feet and we did see a few snow flurries off and on throughout the day. The fastest hikers (guess) finished well ahead of the main group. Kenny's pickup carried us all back to the other car. The 10-15 degree windchill was definitely felt by those who rode in the back.

**Cascades  
February 20, 2000**

Linda Akers (Leader), Marianne Demko, Tom & Jo Sowers, Blake Mitnick, Zetta Campbell, Joe Jacobs

The group met at the Orange Market and had decided to take one car plus one, since Blake wanted to head straight back to Martinsville from the Cascades. Zetta arrived just as we were pulling out and drove her car. It was much cooler in Pembroke, as expected, and the sky had clouded over.

Water was gushing from every feeder stream along the lower trail. We encountered ice about  $\frac{3}{4}$  of the way up, which slowed our pace. We spent a few chilly moments admiring the falls and the icicles across the stream, before heading back down the upper trail.

Since we hadn't stopped to snack, Tommie suggested stopping for dinner in Christiansburg on the way home. The buffet was heartily appreciated by all. Back at Orange Market about 8:00 to end a lovely day.

**Andy Layne Trail Workhike  
Feb 27, 2000**

Charles Parry, Roger Holnback, Ron McCorkle, Malcolm Black, Brian Chisom, Lindsay Marshall, Lauren Glover, Robyne Lorek, Margie O'Connell, Melissa Impink, Jen Geg, Liz Sullivan, Amy Cline

We have become accustomed to starting out with a small number of workers on Andy Layne Trail worktrips and today was no exception. The four of us met at the creek and headed up. We got to the worksite about 10:30 and started work. On the way up we noticed that the winter storms had placed a huge oak tree across our new trail. The tree is over 3 feet in diameter and will be difficult to remove. Otherwise, the trail wasn't much worse for the winter. The soil was moist and the digging was relatively easy, so we got a fair amount done before lunch. As usual, the Roanoke College group arrived during our lunch break. With nine additional workers, the work proceeded at a rapid rate. Liz and I raked while the others dug. In about an hour I figured that we had enough raked so we joined the diggers. I was beginning to think we might need to rake a bit more when the rain started. The college group and Roger decided to head down. The other three of us stayed long enough to finish up the partly dug trail before departing also. It rained most of the way out, so we were fairly wet when we reached my truck. Despite the rain-shortened day we dug over 100 yards of new trail.

## Trail Skills Training by the Appalachian Trail Conference

### Basic Trail Maintenance

These workshops will cover such topics as worker safety, use and maintenance of hand tools, clearing brush, blazing, clearing waterbars, blowdown removal, overnight facility maintenance, and sanitation. No prior experience necessary.

APRIL 15 - Konnarock Base Camp, Sugar Grove, Va.  
Instructor - Teresa Martinez and Ben Lawhon, ATC  
Contact - ATC @ (828) 254-3708

MAY 17 - NHC Clubhouse, Franklin, N.C.  
Instructor- Ben Lawhon and Morgan Sommerville, ATC  
Contact - Fred Haller @ (828) 369-8727

### Crosscut Saw Techniques

This session focuses on the safe and effective use of crosscut saws. Safety, proper use and maintenance, and bucking and limbing techniques will be covered. Participants *do not* need to have a saw, but are welcome to bring their own if desired. Limit of twelve participants.

MARCH 18 & 19 - TATC Cabin, near Three Ridges, Va.  
Instructor & Contact - Mike Dawson, ATC, (540) 544- 7388

APRIL 8 - Konnarock Base Camp, Sugar Grove, Va.  
Instructor & Contact - Mike Dawson, ATC, (540) 544- 7388

### Campsite Rehabilitation

This workshop will cover techniques for rehabilitating heavily-impacted campsites and shelter areas. Participants will learn how to recognize unacceptable user impacts and then explore creative ways to rehab impacted sites, as well as learn inventive methods to concentrate and minimize user impacts.

May 5-7 - Tye River, Va.  
Instructor- Dr. Jeff Marion, Contact - ATC @ (540) 544- 7388

### Wilderness First Aid Certification

This ATC-sponsored course will be taught by Justin Padgett, certified instructor with S.O.L.O. Course will introduce trip leaders to backcountry first aid. Participants must be 18 years of age; there must be a minimum of 12 participants enrolled in each course. Maximum number of participants will be 20.

*Optional CPR class will be taught the evening of April 28 for an additional \$20 fee; meals are available for the weekend for an additional \$25 fee.*

APRIL 29 & 30 - Konnarock Base Camp, Sugar Grove, Va.  
Fee- \$80 per A. T. club members, \$100 per non-members  
Contact - ATC @ (540) 544- 7388  
*Registration Deadline - April 1*

### Chainsaw Certification

Contact - Mike Dawson @ (540) 544- 7388 for possible chainsaw certification dates.

### Leave-No-Trace Training

Become certified as a Leave No Trace (LNT) Trainer by participating in this two-day backpacking trip. It introduces participants to the seven principles of Leave No Trace and teaches how each principle can be utilized to lessen user impact. Emphasis will be placed on the presentation of LNT information and the training of others. Participants must have their own backpacking equipment.

MARCH 4 & 5 - Mt. Rogers National Recreation Area  
Fee - \$20 for group food  
Instructor- Teresa Martinez and Ben Lawhon,  
Contact - Teresa Martinez @ (540) 544- 7388

JUNE 17 & 18 - Great Smoky Mountains National Park  
Fee- \$20 for group food  
Instructor- Teresa Martinez and Ben Lawhon,  
Contact - Ben Lawhon @ (828) 254-3708

### Trail Design

Participants will be introduced to the basics of trail design: how to make trails soar like an eagle! Learn basic flagging and clinometer use; map design & field design; universal design, etc.

APRIL 16 - Konnarock Base Camp, Sugar Grove, Va.  
Instructor- Morgan Sommerville, ATC  
Contact - ATC @ (828) 254-3708  
*Registration Deadline - April 7*

### Rock Work

This workshop will give participants an introduction to the basics of rock work, focusing on the installation of rock waterbars, steps, and cribbing. This course will also teach proper maintenance of these structures.

APRIL 9 - Konnarock Base Camp, Sugar Grove, Va.  
Instructor- Cynthia Crotwell, Contact- ATC @ (828) 254-3708

### Stone/Wood Cribbing

Participants in this workshop will learn when and where to use cribbing. This course teaches the maintainer to recognize when cribbing is necessary, and also teaches the proper installation and maintenance of these structures.

JULY 15 - Great Smoky Mountains National Park  
Instructor- Fred Lashley, Contact- Bill Kerr @ (423) 922-3920

**Hike Schedule – SPRING 2000**(cont.)**SATURDAY, MAY 13, 2000****8:30 AM COVE MTN-RT. 311 TO TROUT CREEK INCLUDING DRAGONS TOOTH**

8 miles moderate - \$1.50 carpool fee  
Sharon Bottomley 989-1818  
Jill Gawne 384-7023

**SUNDAY, MAY 14, 2000****1:00 PM DEVILS MARBLEYARD**

5 miles moderate - \$3.00 carpool fee  
Ken Garrett 890-8946  
Hal Cantrill 387-2347

**SATURDAY, MAY 20, 2000****9:00 AM TRAIL DAYS AT DAMASCUS**

\$3.50 carpool fee  
Ed Wallace 774-0175  
Mike Ferguson 344-8525

**SUNDAY, MAY 21, 2000****1:00 PM LADY SLIPPER HIKE-FORT LEWIS MTN**

6 miles moderate - \$1.00 carpool fee  
Zetta Campbell 366-8165

**SUNDAY, MAY 28, 2000****8:00 AM SYMMS GAP TO NARROWS**

12 miles moderately strenuous  
\$3.00 carpool fee  
Ken Garrett 890-8946  
Larry Austin 254-2092

**1:00 PM CHESTNUT RIDGE TRAIL**

5 miles easy - \$1.00 carpool fee  
Mervin Brower 387-9732  
Suzanne Barnett 772-4273

**SATURDAY & SUNDAY, JUNE 3 & 4****8:00 WHITEROCKS WORKHIKE & CAMP-OVER**

\$3.50 carpool fee  
Charles Parry 540/951-1402  
Hal Cantrill 387-3247

**SUNDAY, JUNE 4, 2000****8:00 AM WHITEROCKS WORKHIKE**

\$3.50 carpool fee  
Mike Ferguson 344-8525  
Lyn Bryant 343-2084

**SUNDAY, JUNE 4, 2000****1:00 AM RHODODENDRON HIKE-THUNDER RIDGE O'LOOK - CORNELIUS CREEK SHELTER**

7 miles moderate - \$3.00 carpool fee  
Zetta Campbell 366-8165  
Carolyn Baratta 774-5651

**SUNDAY, JUNE 11, 2000****9:00 AM TINKER CLIFFS-JULIUS KNOB LOOP**

9-11 miles moderate-strenuous  
with bushwhacking  
\$1.00 carpool fee  
Dick Clark 989-7053  
Sharon Bottomley 989-1818

**1:00 PM PANDAPAS POND LOOP**

4 miles easy - \$2.50 carpool fee  
Gloria Parry 540/951-1402  
Neil Fitzpatrick 992-2446

**SATURDAY & SUNDAY, JUNE 17 & 18****8:00 AM BRUSHY MTN WORKHIKE WITH THE KONNAROCK CREW**

\$3.50 carpool fee  
Charles Parry 540/951-1402  
Bob and Kris Peckman 366-7780

**SUNDAY, JUNE 18, 2000****1:00 PM COVE CREEK BASIN LOOP-JENNINGS CREEK-BOTETOURT**

7 miles moderate  
\$2.50 carpool fee  
Larry Austin 254-2092

**SUNDAY, JUNE 25, 2000****8:30 AM PINEY RIDGE – JAMES RIVER LOOP**

12 miles moderate-strenuous  
\$3.00 carpool fee  
Lucien Metayer 344-1877  
Bobbie Sticher 890-2140

**1:00 PM SUNSET FIELD - PETITES GAP**

7 miles moderate  
\$3.00 carpool fee  
Linda Akers 776-1969  
Gloria Parry 540/951-1402

**BOARD OF DIRECTORS**

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 Email ..... holnback@aol.com

**New River to Damascus, Steve Reisinger**  
 Phone ..... 504-951-7580  
 Email ..... srei38@hotmail.com

**CALENDAR OF CLUB ACTIVITIES****Corn Boil***Saturday, July 29***WORK HIKES***Sunday, April 2, 2000***BLAZING S. OF PEARISBURG***Sunday, May 7, 2000***SINKING CREEK MOUNTAIN***Saturday and Sunday, June 3 & 4***WHITEROCKS***Saturday and Sunday, June 17 & 18***KONNAROCK CREW -BRUSHY MTN****BOARD MEETINGS***(Open to Club members who contact host in advance.)**Thursday, March 30, 730 p.m.**Hosted by Lucien Metayer**Thursday, May 4, 7:30 p.m.**Hosted by Bob & Kris Peckman**Thursday, June 8, 7:30 p.m.**Hosted by Charles & Gloria Parry*

**The Roanoke Appalachian Trail Club is an affiliate of  
 The Appalachian Trail Conference  
 and a member of  
 The Nature Conservancy  
 And The American Hiking Society**