Along 28 miles of the A.T., camping is only permitted at 7 designated sites.

- Hikers wishing to camp near McAfee Knob may camp at Pig Farm Campsite or Campbell Shelter.
- Hikers wishing to camp near Tinker Cliffs may camp at Lamberts Meadow Shelter or Campsite.

Why is there a camping restriction?
Between VA-311 (Newport Road) near Catawba and VA-652 (Mountain Pass Road) near Troutville, the A.T. is located in a narrow corridor of land belonging to the National Park Service. This area is heavily visited by both day and overnight hikers. The camping restriction is designed to concentrate environmental impacts and protect the natural beauty of this area.

What about other trails?
On either side of this 27.7-mile section, the A.T. is located on the George Washington and Jefferson National Forests. Camping is not restricted on the National Forest.

The North Mountain Trail is also located on the National Forest.

The Andy Layne Trail is located on private property. Camping is not allowed along the Andy Layne Trail.

Camping is not permitted anywhere within Carvins Cove.

Camping allowed ONLY at these 7 sites:
1. John’s Spring Shelter
2. Catawba Mountain Campsite
3. Catawba Mountain Shelter
4. Campbell Shelter
5. Pig Farm Campsite
6. Lamberts Meadow Shelter
7. Lamberts Meadow Campsite