The Roanoke Appalachian Trail Club is a recreational hiking association of volunteers who preserve and improve the Appalachian Trail as the nation's premier, continuous, long-distance footpath.

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Special Notice for Change in Bylaws

Vote on these by-laws changes at the Holiday Potluck on Dec. 9

2002 Bylaws:

**Article XI: Dues**

The classification and annual dues of the Club membership shall be:

- New Member Packet Fee $ 5.00
- Individual Member $ 10.00
- Family Member $ 15.00
- Life Member $500.00

Persons becoming new members after July 1 shall be considered paid through the following year.

Proposed 2006 revision:

**Article XI: Dues**

The classification and annual dues of the Club membership shall be:

- New Member Packet Fee $ 5.00
- Individual Member $ 10.00
- Family Member $ 15.00
- Individual Life Member $250.00
- Family Life Member $300.00

Persons becoming new members after July 1 shall be considered paid through the following year. Persons paid before July 1 shall be paid for the current year.

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**Welcome New Members**

The Roanoke Appalachian Trail Club welcomes the following new members:

<table>
<thead>
<tr>
<th>Rhonda Chewning</th>
<th>Jack Noll</th>
<th>Debbie Smith</th>
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<tr>
<td>Curry Fisher</td>
<td>Andy Robinson</td>
<td>A. Chris Daniel</td>
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<tr>
<td>Ann Martyn</td>
<td>Marguerite &amp; Tom Noga</td>
<td>Matt Bost</td>
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<td>M. Elizabeth Vogel</td>
<td>Khadija &amp; James McNeeley</td>
<td>Patricia Guzik</td>
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We look forward to meeting you soon - hiking on the trail, at work, social event, or a board meeting.

*Mervin Brower*
**President’s Message**

Fall is upon us again... The seasons seem to go by quicker each year, but the diligent trail maintainers keep clearing the blow downs, building new rock steps and installing water bars, to say nothing of the constant small (and some large) relocations intended to make the trail more sustainable and less prone to deterioration. We have been hearing from through hikers this Summer that the RATC section is some of the best they have walked. And after the hundreds of miles it takes to get to Roanoke, that is no small praise. When I say well maintained, I don't mean groomed so it looks like a four abreast state park trail, or a greenway paved trail ready for your skateboard. I mean that a walker, single file, can expect to be able to walk without getting out climbing gear, or having to ford large streams. If the trail is built right one should feel that they happened upon a well used deer trail, just big enough for one person to stand upright and thread their way through the woods. The AT is a wonderful place to find solitude or walk with an companion or two. A place to experience nature, at a pace suited to really experiencing it...to feel small and yet connected to the beauty of the outdoors. Or if you are a RATC trail maintainer, the AT is a place to give of yourself, to work hard for a few hours at a time, in the company of other great people who share your passion for doing something that is good, instead of sitting on the couch watching the world go by on the TV screen. Our volunteer maintainers range in ages from their teens to their 80's. Few if any had any experience in trail building or maintaining before they came out with Charles the first time. I know I didn't. As an AT user and club member you certainly have no obligation to be a trail maintainer, but I want to ask you to try it out some weekend, by joining Charles Parry and others out on the AT. Bring lots of water, good shoes, a bag lunch and the willingness to work and talk and work and make friends and work and walk home feeling a part of the AT like never before... and you will sleep well that night.

Happy hiking.

Roger Holnback

**Trail Supervisor’s Report**

This summer we had 17 people work with the Konnarock crew and 7 earn T-shirts. The shirt winners were: Laurie Adkins, Blanche Brower, Bill Floyd, Dana Helsley, Dave Hicks, Jerry Kyle and Charles Parry. I want to thank everyone who came out to work with us. We got the relocation done near the powerline on Pearis Mountain and a short one going to Angel’s Rest. We did some rehab work on the Angel’s Rest trail, but could probably use two more weeks to finish the job.

I want to thank Chase Davidson for keeping the Sinking Creek parking area looking nice. He did a short relocation that I suggested that gets the trail off the road another 100 feet or so. I also want to commend Ralph Hart for spending many hours keeping up the trail on Sawtooth Ridge.

This fall we will continue trail rehab work on Catawba Mountain, Sawtooth Ridge and Angel’s Rest. Remember, you are always welcome to join us.

Charles Parry
RATC Overseer Assignments Fall 2006

VA 611 (South end): Kenny Garrett
VA 608: John Lynham & Jerry Kyle
VA 606: Mike and Virginia Reilly
Dismal Creek: Bill Floyd & Leslie Kay
Ribble Trail (north end): David Hicks
Powerline: Charles & Gloria Parry
US 460 Bridge: (Break in our section)
Pine Swamp Shelter: Mike Ferguson
Bailey Gap Shelter: Hal Cantrill & Bob Foutz
War Spur Trail: Bob Stimson
Rocky Gap: Brian & Leigh Anne Kelly
Sinking Creek: Chase Davidson
Niday Trail: Red Crone

VA 621: Blanche & Mervin Brower
VA 620: Bob & Kris Peckman
VA 624: Ed Bessel, Ralph Hart, Don Nulph & Maurice Turner
VA 311: Leonard and Laurie Adkins
Campbell Shelter: Ron McCorkle
Brickey's Gap: Bill Gordge
Ditch Trail: Zetta Campbell & Dick Clark
Angel's Gap: Greg Tinaglia
US 220: Homer & Therese Witcher
VA 652: Mike Vaughn
Salt Pond Road: Dana Helsley & Fred Coughlan
Black Horse Gap: (North end)

Hikemaster’s Report

I’ve received a couple of questions from members about sources for trail maps. One source of course is the Appalachian Trail Conservancy’s web site. You can buy detailed AT trail maps and related guidebooks for the whole trail at the site. Individual maps cost $4.60 and each map shows about 50 miles of the trail. The RATC’s 113-mile section of trail is listed on Virginia maps three through five. You can access the ATC’s on-line store by going to their web site at: http://www.atctrailstore.org/

Another excellent source for maps is the National Geographic site, http://shop.nationalgeographic.com/gateway/246/120.html. This site lists topographic hiking and trail maps for nearly every state. These maps cost $9.95 each. There are three maps available for our area of Virginia: Map 787 (Blacksburg, New River Valley), Map 788 (Covington, Alleghany Highlands) and Map 789 (Lexington, Blue Ridge Mts).

On another topic, the club is always looking for experienced hikers to help lead club hikes. If you know of someone that you think would be a good hike leader, or wish to nominate yourself, please contact me. Finally, if you are a regular participant in club hikes, please consider sharing in car-pooling to the trail head. Frequently, it ends up that the same few club members do most of this type of driving. This should be a shared responsibility.

Mike Vaughn
Hike Reports

Sunday, May 21, 2006 1:00 PM
Apple Orchard Falls
Jean Warren (leader), Georgia Gallaher (assistant), Hugh Hall, Mary Gilbert, Mary Gaminde, Ronnie Stanley, Penny McIver, Suzanne Osborne, Winfred Noell, and Carol Via

What a beautiful day we had to hike the 6 miles loop. We started from Arcadia and hiked in the clockwise direction. Most of the group had never begun from this direction and thoroughly enjoyed the constant scenery of small waterfalls, pools, and cascading mini-falls. We saw some wildlife, including a black snake that was blocking the trail and later on saw a baby bird on the ground. The most unusual feature of this hike was that everyone stayed together. We really had a great time!

Long Weekend, June 8-12, 2006
Pearis Mountain Relocation with Konnarock
Charles Parry, Homer Witcher, Kris Peckman, Bill Floyd, Dave Hicks, Laurie Adkins, Mervin Brower, Blanche Brower, Suzanne Barnett, Jerry Kyle, Mike Vaughn, Dan Phlegar, Konnarock Crew: Ted Wilson, Christine Hoyer, Heidi Grimm, Larry Grimm, Ken Fiend, Bill Fiend, Anne Rowe, Ming-Chien Hsu, Yu-Ju Chien

Saturday was my first day. Thanks to the Gusler family, we had a short, but steep walk to the work site. We were making good progress on the remainder of the relocation and were certain to finish it on Sunday. Consequently, on Sunday, we took in paint, the measuring wheel and the weed-eater. The northern end of the relocation followed the ridge-top between the two power-lines and was quite grassy. Dan was assigned to the weed-eater to cut the grass. Kris was assigned the job of wheeling the trail, while Laurie and I blazed the new trail. When we reached the crew, we gave each member a chance to paint a blaze. Not surprisingly the new route, which is 2133 feet long, is over 700 feet shorter than the old trail. During lunchtime the first pair of hikers passed by on the new trail. It was good to complete a relocation that has been in the planning for over 20 years.

Sunday, June 11, 2006 1:00PM
Grassy Hill Natural Area Preserve
Maurice Turner (leader), Blanche Brower (co-leader), Mervin Brower, Carl Cornett, Bobbie Stitcher, Larry Austin, Marianne Demkó, Zetta Campbell, Jimbo Harshfield, Mary Harshfield, Allice Gallagher and Lorrie Huffman.

We car pooled from Lowe's on Rt. 220 and started our hike from the Catce Center taking the ascending slope trail to the east loop trail. We then took the connector trail that passed over a fire road to the west loop trail, the longest section of the trail system. You can get views of Cahas Mtn. range from the loop trails plus the Piedmont range to the south. We finished our hike around 4:30, walking the slope trail back in the rain. Everyone seemed to enjoy the hike; for some, it was their first hike to this preserve.

Sunday, June 18, 2006 1:00PM
Price Mountain, Sulphur Ridge Loop
Mike Vaughn, Sue Scanlin (leaders) Hugh Hall, Pete Lissman, Carl Cornett, Maya Bohler, Rhonda Chewning, Marianne Demkó, Zetta Campbell

It was a warm, sunny day for the hike. The first part of the hike crossed a streambed several times. Due to the lack of rain, the stream was practically dry, so the crossings were easy. The trail was in poor shape, however, with quite a few blowdowns. After the last stream crossing, we headed up Price Mountain. On the way up, a small spotted fawn that had been hiding in the underbrush sprinted across the trail as we passed.

Sunday, June 25, 2006 8:00AM
Pine Swamp (Rt. 635) to New River (Rt. 460)
Kenny Garrett and Linda King (leaders), Carl Cornett, Maya Bohler, Chase Davidson, Kirk McGuire, Mike Vaughn, Dan Phlegar

The day started warm and muggy with a cloudy outlook. The temperature was not too high, but the humidity was. We started at Wades Grocery on Rt 460 and made the climb up the south side of Peters Mountain. The laughter remained thicker than the humidity as we joked and talked. We took our lunch
break at Rice Fields Shelter at 12:30 with a small group of Boy Scouts. As we were finishing lunch, we could see a black sky quickly approaching from the southwest, followed by the deep roll of thunder vibrating through the valleys like approaching Harleys. We donned our wet weather gear and decided the rain would not dampen our good spirits. As we crossed the open meadows quickly to seek the shelter of the forests from the thunder storms, the jokes centered around who was carrying the hiking poles/lighting rods. The storms continued throughout the afternoon and evening with brief respites from the steady rainfall. We met a thru-hiking couple at Pine Swamp Branch Shelter. The weather gave the hike leader a chance to test new rain gear. Although the day was wet, the temperature remained comfortable and the hike was enjoyable. We finished the 19.5 miler at approximately 6:00 p.m. A special thanks to Dan, who invited us to his cabin, located nearby, for snacks and beverages before our drive back to Roanoke.

Sunday, June 25, 2006  1:00PM
Catawba Mountain ( Rt. 311 ) to McAfee Knob
No Report

Long Weekend, June 29 - July 3, 2006
Angel's Rest Rehab with Konnarock Crew

Charles Parry, Dana Helsley, Kris Peckman, Bill Floyd, Blanche Brower, Mervin Brower, Fred Meyer, Jerry Kyle, David Hicks, Laurie Adkins, Jim Walke, Joe Eaton, Matt Gentry, Stuart Krantz
Konnarock Crew: Ted Wilson, Ellen Goss, Yu-Ju Chien, Ming-Chien Hsu, Katie Sword, Brittany Spencer, Alfred Patrick, Jackie Dowd

The first two days of this session were held on the Pearis Mountain relocation doing some additional drainage structures. On Sat. they moved to the Angel’s Rest area. Since I had a Saturday morning final exam, it was lunchtime when I arrived on the scene. The project was to put in a short switchback, which crossed the old trail once in the middle. When I arrived, a good start had already been made on the upper part. We spent much of Saturday and all day on Sunday pulling rocks out of the lower section and building steps on the corner. On Monday, we opened the upper section and got the lower section almost ready, except for some crush and fill.

Sunday, July 2, 2006  1:00PM
Black Horse Gap (BRP) to Curry Gap (BRP)
113-Hike # 1
Bobbie Stitcher & Hugh Hall, leaders, Bill & Lynne Jacoby, Carolyn McPeak, & Fred Meyer

With temperatures in the 90’s we left a car at Salt Pond Road and headed for Black Horse Gap to start the hike. It was quite pleasant hiking in the shade with a gentle breeze. We saw a thru hiker with a friend hiking in a bikini. Along the beginning of the trail there were many Spotted Wintergreen in bloom. The water in the creek crossings was cool and some put their feet in it and others splashed water on their faces. We visited the Wilson Creek shelter. We found many blueberries and stopped often to eat them. On the road out we found blackberries and raspberries. At the end of the hike Carolyn had watermelon for all of us. It was cool and delicious after a nice hike on a very warm day.

Sunday, July 9, 2006  8:00AM
Black Horse Gap (BRP) to Daleville (Rt. 220)
113-Hikes # 1 & 2
Kenny Garrett (Fearless leader), John Miller (co pilot), H.R. Blankenship, & Ray Lawson

The day was beautiful and actually fairly mild temperature considering it was the month of July. Four hardy wanderers set out from Black Horse Gap on the Blue Ridge Parkway. We strolled the first 2 ¼ miles on a fairly level trail looking over the valleys towards the northwest before arriving at Wilson Creek Shelter. We talked with three thru-hikers there who were preparing to start their day of travel. We met a 3 ½ foot black snake who was stretched out in the privy. We could only hope that he had a breakfast consisting of the field mice which had been eating all of the toilet paper there. Shortly after getting back on the trail we passed two more north bounders. As we crossed the next several ridges with the descents across the various small creeks, we feasted on hundreds of bushes containing the most delicious of blueberries. We could reach hand-fulls of the succulent fruit without stepping off of the trail. Upon arriving at Fullhardt Knob Shelter, we decided to indulge in our packed lunches. At the shelter, we spoke with another north bounder who was also taking a break. We then began our descent towards 220. Near the bottom of the mountain, we found numerous blackberry and raspberry bushes lining both sides of the trail. This foursome ate very well this date thanks to Mother Nature. Along this section of trail, we observed numerous flowers, birds, squirrels, chipmunks, and a juvenile raccoon which scampered from the trail up a tree as we approached. The day was magnificent and the company enjoyable.

Sunday, July 16, 2006  8:00AM
Mt Rogers Headquarters (Rt. 16) to Groseclose (I-81)
Don Hoke (leader), Carl Cornett (assistant), Bobbie Stitcher, John Miller
Weather—Sunny blue-sky day. Cool in the morning, hot in the afternoon with a nice breeze.

With the small number of participants we decided to do a key-switch hike using one car. At Groseclose, John and I started hiking south (uphill) from the truck stop and Carl and Bobbie took the car on up to the ranger station where they started hiking north (downhill). We believe they stopped along the way for breakfast.

John and I started off hiking through meadows filled with different blooming wild flowers and John spotted a snake. We also crossed a nicely built board walk through a swampy area. We stopped for a few minutes at the old one room school house, the Settlers Museum.

We met up with Carl and Bobbie at around 1 pm while they were on the way up their last real climb of the day. There wasn’t any place around to sit down for lunch however... they didn’t want to go back down and we didn’t want to go back up so, we bade each other a good hike. Carl handed me back my car keys and we went our different ways to find a lunch spot. Carl also informed me that the Ranger Station is closed on Sundays and they had to park my car on the side of Rt 16.

After a bunch of ups and downs on the top of the ridgeline we reached my car at around 3. John had never seen the Partnership Shelter so we walked over and checked it out. It’s impressive.

John and I ate some watermelon that I had brought and then we went to the Truckstop to wait on the other two. After a little while of waiting and more watermelon we decided to try to intersect them when they crossed by the museum. We didn’t find them, but just up the road is another part of the museum where there’s a farm house from the 1890’s. It was at the end of a long road with an open gate. We didn’t see any NO CARS ALLOWED signs. Just a notice about checking in first. We talked it over and I didn’t feel like doing any walking, we’re hikers not walkers, so we went ahead and drove on up the dirt/gravel road. The doors to the house were open but nobody was home. We walked in, looked around for a second, and left. It was amazing how cool it was inside with it being so hot out. Going back to our car this guy comes walking up the road waving his arms at us. He said we should have registered back down at the end of the road and then he went on telling us about the farm. He said that next year it should be a working farm with horses pulling plows and that kind of thing.

We returned to the truckstop and found Carl and Bobbie sitting on the bench out front.

People seen on the trail ---A group of young boys and their leaders - 1 older man by himself - 1 other guy, a dayhiker.

Animals—John saw a snake while walking through the meadow, Carl and Bobbie saw one coming down also in the meadow. I heard a deer snorting - We all saw lots of little birds.

Berries-Carl and Bobbie said they ate Blueberries, Blackberries and Black Cherries. I think these were on top of their pancakes since we didn’t see any.

Bobbie reports on seeing these flowers: Black Snakeroot, Spotted Wintergreen, Butterfly Weed, Queen Ann’s Lace, Yarrow, Teaberry, Yellow, Red and Orange mushrooms, & Elderberry in bloom.

We saw large fields of Cinnamon Ferns on the ridgeline. And also some Mountain Laurel and Rhododendron were still blooming in places.

This was a good hike with some nice folks.

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Sunday, July 16, 2006  1:00PM
Crabtree Falls

Mike Vaughn, (leader), Rhonda Chewning, Vern Lorish, Sheila Vaughn

It was a very warm day, although the humidity was fairly low. We enjoyed a scenic drive along Route 56 to the trailhead. The trail along the falls is very well-maintained. It is a steady climb up, with several overlooks of the various cascades that make up the falls. The overall falls has a vertical drop of 1,200 feet, making it the highest falls in Virginia. It had rained the previous week so there was a good flow of water.

The Forest Service did a great job of designing the trail and the overlooks. A wooden footbridge crosses the creek at the top of the falls. This leads to an overlook, which offers magnificent views of the Tye River valley. We soaked our feet in the cool water along the creek and hiked back down. We made it back to Roanoke by 7:00 p.m.

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Long Weekend, July 20 - 24, 2006
Angel's Rest Rehab with Konnarock Crew

Charles Parry, Blanche Brower, Bill Floyd, Dana Helsley, Laurie Adkins, Mervin Brower, Hugh Hall, Fred Meyer, Matt Gentry, Jerry Kyle, Mike Vaughn Konnarock Crew: Ted Wilson, Christine Hoyer, Leah Riley, Landon Bell, Tara McHugh, Jamie Hickman, Courtney Wilson
Blanche and I did a couple of small projects on Thursday morning, before heading up to our main worksite. Bill arrived shortly after lunch and a bit later the crew arrived. We began working on some rock steps near a small stream crossing, while the crew went to finish the relocation from the previous session. Also, they began work on drainage structures on a badly eroded section of trail a short distance above the stream. By Saturday, we had finished the steps by the stream and went down the trail a short distance to relocate the trail around a large boulder to give better drainage. The area was very rocky and we ended up putting in about 20 rock steps. Before quitting on Sunday, we went up and opened the relocation that was mentioned above. On Monday morning we had four club members out to finish the boulder relocation. After moving a few more rocks we were actually able to dig some new trail. While moving a log off the trail, I stepped on a bees’ nest. When the dust cleared everybody in our group except Dana got stung. Blanche, Dana and I stayed after the crew and Bill left. We got one more step set and dug out a rock that we hoped to use for a step. Unfortunately, the three of us could not move it. Consequently, it will have to wait until we get some more horsepower before it becomes a step.

Sunday, July 30, 2006  1:00PM
Belfast Trail to Devil’s Marbleyard
No report

Sunday, August 6, 2006  1:00PM
Smart View Loop Trail (BRP)
Bobbie Stitcher & Suzanne Barnett (leaders), Kenny Garrett, Dawn Simkins, Leigh Ann Staples, Sherry Kessel and Linda Akers

This is a wonderful short hike only 30 miles from Roanoke on the Blue Ridge Parkway. After traveling up Bent Mountain and then the parkway we reached the parking lot for this hike. It was a pleasant hike through the woods on a warm Sunday afternoon. We sat on benches, looked at a view of mountains in the distance, saw a few wild flowers and an 1890's mountain cabin, and walked along a stream. We stopped for a snack in an open area because the picnic area was full. It was a nice drive to the trail and then back to Roanoke.

Sunday, August 13, 2006  8:00AM
Pine Swamp (Rt.635) to Johns Creek (Rt. 632)
113-Mile Hike # 10
John Miller (leader), Mike Vaughn (co-leader), H. R. Blankenship, Jeff Crooke, Jere Bidwell

The hike started at Pine Swamp at 10:15am on a cool morning. The first thing we had to decide was if we wanted to walk the road or ford Stony Creek since the bridge is out. Jere wanted to hike the trail and ford the creek since this was a part of the AT in Virginia he had not hiked. A couple of us decided to hike with him and as a result, hiked the rest of the day in wet boots. After that we began the ascent of Big Mountain, and we all warmed up quickly. We enjoyed our lunch with a million dollar view at Wind Rock which we shared with some folks staying at Mountain Lake. We then descended into the Johns Creek valley. The hike was complete at 5:00pm. Everyone seemed to enjoy it and the weather could not have been more ideal.
Sunday, August 13, 2006  1:00PM
Otter Creek Trail
Kenny Garrett (leader), Jesse & Brittany Garrett, Dawn Simkins, Sherry Kessel, Debbie Smith, Pat Cousins, Zetta Campbell and guests Tammie & Jackie Bramlett, and Ruth Fielder

Oh, what a beautiful day for our unofficial second annual August Otter Creek Hike/Watermelon Feast. The temperature remained mild for this time of the year with a few clouds in the sky. We began our trek at the parking lot adjacent to the Otter Creek campground located on the Blue Ridge Parkway. The group quickly became acquainted as we began the first of several creek crossings. The water was low in the stream due to the lack of rain in the past several months. As we began to climb the only hill of this trip, we encountered several blow downs that we had to negotiate. The blow downs were still full of leaves and were mostly oaks, along with one beech and one hemlock. Apparently a strong storm had recently visited this area. The remainder of the stroll was relatively easy with several small lizards and water snakes observed. Upon arrival at the James River Visitor’s Center, a cold watermelon was shared among the hikers. A few explored the walking bridge located under the Blue Ridge Parkway bridge crossing the river. This was a great way to share a great afternoon with a great group of hikers.

Sunday, August 20, 2006  1:00PM
Apple Orchard Falls/Cornelius Creek Loop
Mervin & Blanche Brower (leaders), Mike Ferguson (assistant), Reinhart O’Neil, Debbie Smith, Leahna Smith, Luba Smith, Maurice Turner, Margaret Ferguson, Billy Ferguson and Natalie Ferguson.

The hike started from Daleville commuter parking lot. The weather was cloudy when we arrived. We started up the Cornelius Creek trail. The water was low in the creeks so there was no trouble with creek crossings. It was very humid and we sweated a lot going up the hill. We stopped for a break at Apple Orchard falls. It was pleasant resting there. On our way down we saw a rattlesnake coiled up about 4 feet from the trail. We stopped and took pictures. It did not move as we went by. Everyone was out by 6 o’clock.

Still, this made a nice spot to relax and the fog kept temperatures very moderate. I know of at least 2 hikers that probably picked up chiggers at this very spot! After lunch, we continued west to the crossing with Minie Ball Road. We turned left and enjoyed the leisurely 2 mile descent back down to the cars. We had hiked all day in temperatures averaging a comfortable 70 degrees but we returned to Roanoke with plenty of sunshine and a hot humid 95 degrees!

Sunday, August 20, 2006  8:00AM
War Spur to Wind Rock on AT
Gary Bible (leader), Carl Cornett (co-leader), H.R. Blankenship, Darian Shields, Maya Bohler, Larry Austin, Kristin Peckman, Bob Peckman, Pat Guzik, Fred Meyer.

We encountered heavy fog on the drive up to Mountain Lake. The fog was so heavy that we couldn't even see the Hotel when we passed by it. We started on the Chestnut trail but decided to add the connector trail to the War Spur over-look to our hike. Our visibility at the over-look was approximately 100 yards, which turned out to be about the best visibility we would have all day. We continued on to the War Spur Branch Trail. This trail allows you to gain elevation rather quickly (read steep) until you reach the AT. We hit the AT and continued west. We encountered a dog with a radio collar, she just fell right in behind us for about a 1/2 mile until she reached her owner just east of Wind Rock. Apparently, she was one of several dogs out that morning training for bear hunting season.

We reached Wind Rock just in time for lunch. Fog was heavy with visibility estimated at all of 50 yards. We had had fog all day in temperatures averaging a comfortable 70 degrees but we returned to Roanoke with plenty of sunshine and a hot humid 95 degrees!

Sunday, August 27, 2006  8:00AM
Laurel Creek Work Hike
Charles Parry, Brian Kelley, Red Crone, Bob Foutz, Theresa Knox, Dana Helsley, Fred Coughlan

Bob, Theresa and I met the others at the fire-road gate on the top of John’s Creek Mountain. We drove to the end of the fork of the road nearest the work-site. We got our tools and headed toward the AT on a hunters’ trail. I was in the lead and swerved to get around a blow-down on the trail. After crossing the blow-down, Brian, who was right behind me said, “Charles, do you realize that you almost stepped on a rattlesnake”. I said no and turned to look. Sure enough there was a large rattlesnake beside the fallen tree I had just crossed. Brian said I came within an inch of stepping on him. After that we all kept our eyes glued to the ground. The purpose of the trip was to construct rock steps where the trail cuts down to Laurel Creek. We divided into three work groups and began our task. We had adequate rock at the start, but later on we had to search for it. We had lunch at the first creek crossing, which was slightly cooler on a hot day. I had two treated 6x6’s in my truck. As there was almost no rock near the top, we decided to bring them down. When all
was done, we had put in close to 20 steps. It was nice to cool off with a cold soft drink when we got back to the vehicles. This was Theresa’s first work-hike. We hope it won’t be her last.

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**Friday Sept 1st thru Monday Sept 4th 2006**

**AT Southern Regional Multi-Club Campout**

Cancelled for lack of sign-ups

**Sunday, September 3, 2006  8:00AM**

**Bobblets Gap, Glenwood Horse Trail, Black Horse Gap Circuit**

Larry Austin & Lois Smith (leaders), H. R. Blankenship, Fred Meyer, Will Mosler, Nancy Gill, Maurice Turner, John Miller, Maya Bohler, Pat Guzik, & Jen Schaeffer

We had two guests on this hike from Raleigh, NC (Will Mosler and Nancy Gill) who have a cabin in Floyd and were in town for the Labor Day Weekend. Although the day started out mostly cloudy with the forecast for thunderstorms, we lucked out with no rain but it did get a little warm here and there. This was a lengthy hike with over nine (9) miles on the Glenwood Horse Trail and the remaining five (5) miles on the AT from Blackhorse Gap to Bobblets Gap. The Horse Trail had some weeds in spots which made us wonder if we were game for chiggers. It is hoped that all escaped them. We had a fairly steep climb from the Day Creek Parking area to Blackhorse Gap of over two miles which presented a little challenge. We were able to finish around 3:00 p.m. with a short drive back on the Parkway to Daleville. This leader's hikes have been intended to be challenging, off-the-beaten path and provide additional hiking opportunities to those who may not be aware of them. It is hoped that the majority of the participants in this hike were able to glean some good from it.

**Sunday, September 3, 2006  1:00PM**

**Campbell Shelter via Fire Road**

Georgia Gallaher (leader), Hugh Hall (co-leader), Alice Gallagher, Rachel Lofts, Charles Musgrove, Maurice Earles, Bobbie Stitcher, Debbie Smith, Sherry Kessel, Debbi Carroll, Zetta Campbell.

There was a very good turnout for this hike due to cooler temperatures. I had to apologize to everyone for saying this would be a flat, easy hike. I had forgotten about the gradual climb and the road being rocky and uneven in a lot of places. When we reached the trail that went to McAfee Knob about half our group decided to go up there instead. Hugh, Sherry, Debbi, Zetta, and myself continued on to Campbell Shelter. It was beautiful there and we took a very relaxing break at the shelter picnic table. Along the road we had spectacular views of the valley below, but the only wildlife we encountered were two squirrels.

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**Hike Schedule**

Going on a group hike can fulfill a number of worthwhile purposes. These include such things as physical conditioning, social interaction, the enjoyment of nature, and the thrill of reaching a spectacular viewpoint. The Roanoke Appalachian Trail Club consistently tries to provide a wide range of hiking opportunities for people of all ages, interests and abilities. Guests are always welcome to join us.

For the most part, we rate our hikes as follows:

- **Easy** – 3 to 5 miles; good trails or old roads; modest elevation changes.
- **Moderate** – 5 to 8 miles; steeper trails which may be rough in places.
- **Strenuous** – 8 miles and up; long hikes with extensive climbs and possible rough trails or bushwhacking.

Hikes which do not fall neatly into one of these categories may be rated easy-moderate or moderate-strenuous.

You may drive your own car to the trailhead if you wish. However, carpooling is encouraged to save gasoline and because trailhead parking may be limited. The hike leader is responsible for arranging such carpooling as may be required. While there is no fee to hike with the club, the indicated amount is to defray automobile expenses and should be given to the driver of your carpool.

You will need to call the leader to find out where the hiking group will be meeting. If you are new to hiking, the leader can also give advice about clothing, footwear, and equipment. If you are unfamiliar with the hike, the leader will be glad to answer your questions and help you evaluate whether or not it is suitable for you.
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
<th>Distance</th>
<th>Difficulty</th>
<th>Carpool Fee</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, October 1, 2006</td>
<td>8:00AM</td>
<td>North Mountain</td>
<td>8.2 miles, Strenuous, $5.00 carpool fee</td>
<td>50 miles from Roanoke</td>
<td></td>
<td>Homer &amp;Therese Witcher 992-2932, Kris Peckman 366-7780</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Located in Alleghany County, this North Mountain trail climbs to the top of the mountain, which offers sweeping views of the surrounding valley from large rock outcroppings along the ridgeline.</td>
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<tr>
<td>Sunday, October 1, 2006</td>
<td>1:00PM</td>
<td>Carvin’s Cove Boat Launch to Cemetery</td>
<td>4.4 miles, Easy, $.00 carpool fee</td>
<td>0 miles from Roanoke</td>
<td></td>
<td>Georgia Gallaher 345-8700, Lynn Bryant 343-2084</td>
</tr>
<tr>
<td></td>
<td></td>
<td>This is an out and back hike along the trail that borders the city of Roanoke's reservoir. There is a fee of $1.00 for Roanoke City residents and $2.00 for everyone else.</td>
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<tr>
<td>Sunday, October 8, 2006</td>
<td>8:00AM</td>
<td>Ribble Trail, A. T. Loop</td>
<td>9.9 miles, Strenuous, $6.00 carpool fee</td>
<td>71 miles from Roanoke</td>
<td></td>
<td>Mike Vaughn 992-1350, John Miller 375-3250</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Located in Giles County, this hike follows scenic Dismal Creek before starting a steep climb up Sugar Run Mountain. The hike then follows the ridgeline for several miles, offering views of the Wilburn and New River Valleys.</td>
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<tr>
<td>Sunday, October 8, 2006</td>
<td>1:00PM</td>
<td>Andy Layne Trail (Rt. 779) to Tinker Cliffs</td>
<td>7.2 miles, Moderate, $1.00 carpool fee</td>
<td>9 miles from Roanoke</td>
<td></td>
<td>Charles Parry 540-951-1402, Blanche Brower 387-9732</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Located in Botetourt County, the trailhead for this hike is on Route 779 roughly halfway between Catawba and Daleville. In 2001, this trail was dedicated to Andy Layne – a prominent member of RATC who passed away in 1991. The hike crosses meadows and Catawba Creek and then starts the ascent to Scorched Earth Gap where it continues on the AT to Tinker Cliffs. Many spots along the cliffs offer excellent views of McAfee Knob and the Catawba Valley.</td>
<td></td>
<td></td>
<td></td>
<td>Merv and Blanche Brower 387-9732</td>
</tr>
<tr>
<td>Sunday, October 15, 2006</td>
<td>8:00AM</td>
<td>Laurel Creek Shelter Repair</td>
<td>.5 miles, Moderate, $3.00 carpool fee</td>
<td>34 miles from Roanoke</td>
<td></td>
<td>Kenny Garrett 892-5786, John Miller 375-3250</td>
</tr>
<tr>
<td></td>
<td></td>
<td>We will do some repairs to the Laurel Creek Shelter in Craig County.</td>
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</tr>
<tr>
<td>Sunday, October 15, 2006</td>
<td>1:00PM</td>
<td>Fallingwater Cascades/Johnson Farm</td>
<td>3.4 miles, Easy, $3.00 carpool fee</td>
<td>30 miles from Roanoke</td>
<td></td>
<td>Dave Sutton 774-0648, Hugh Hall 725-8874</td>
</tr>
<tr>
<td></td>
<td></td>
<td>The hike is located in Botetourt and Bedford Counties. It will start at Fallingwater Cascades parking lot just off the Blue Ridge Parkway and will descend to the Fallingwater Cascades and ascend back to the Parkway. We will then take the short drive back to the Peaks of Otter country store and museum and take the one mile hike along level trail to the historic Johnson Farm.</td>
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<tr>
<td>Sunday, October 22, 2006</td>
<td>8:30AM</td>
<td>Sawtooth Ridge Work Hike</td>
<td>1.5 miles, Moderate, $.50 carpool fee</td>
<td>6 miles from Roanoke</td>
<td></td>
<td>Charles Parry 540-951-1402, Blanche Brower 387-9732</td>
</tr>
<tr>
<td></td>
<td></td>
<td>We will be working on installing steps, water bars, etc.</td>
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<tr>
<td>Sunday, October 22, 2006</td>
<td>1:00PM</td>
<td>Rocky Gap (Rt. 601) to Sinking Creek (Rt. 42)</td>
<td>5.5 miles, Moderate, $3.00 carpool fee</td>
<td>30 miles from Roanoke</td>
<td></td>
<td>Bobbie Stitcher 397-2760, Georgia Gallaher 345-8700</td>
</tr>
<tr>
<td></td>
<td></td>
<td>This AT hike begins from Rocky Gap with a short climb to the John’s Creek Mountain trail. We then ridge walk over Kelly’s Knob, pass a trail to a large bog known as Big Pond. At the top of Kelly’s Knob there is a view from a large rock formation. We will pass the Laurel Creek Shelter and Laurel Creek and finally descend through open meadows to Va. 42. On the way to Kelly’s Knob we pass a beautiful covered bridge.</td>
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</tbody>
</table>
Sunday, October 29, 2006   8:00AM  
**Whetstone Ridge Trail**

12.0 miles, Strenuous, $6.00 carpool fee
66 miles from Roanoke

Located in Roanoke County just west of Salem and I-81 near the Catawba Valley. This is up and down ridge walk through the forest coming out on pasture near the end.

**Bobbie Stitcher**  397-2760
**Dick Clark**  989-7053

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Sunday, October 29, 2006   1:00PM  
**Huckleberry Trail**

7.0 miles, Moderate, $3.00 carpool fee
30 miles from Roanoke

This hike is along the Huckleberry Trail between Christiansburg and Blacksburg. This paved trail goes through woodlands and open fields, roughly paralleling Route 460.

**Dave Sutton**  774-0648
**Hugh Hall**  725-8874

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Sunday, November 5, 2006   8:00AM  
**Mill Creek Trail to Angel’s Rest via AT**

8.4 miles, Strenuous, $6.00 carpool fee
66 miles from Roanoke

This hikes starts in Narrows, following the fire road along Mill Creek to the intersection with the A.T. It will then head north on the A.T. to Angel’s Rest, then descend to Pearisburg.

**Dan Phlegar**  389-1783
**Mike Vaughn**  992-1350

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Sunday, November 5, 2006   1:00PM  
**Catawba Mt. (Rt. 311), Sawtooth, to (Rt. 785)**

4.3 miles, Easy-Moderate, $1.00 carpool fee
6 miles from Roanoke

This hike uses exclusively the Glenwood Horse Trail and is an end-to-end hike beginning at Floyd Field on the Blue Ridge Parkway near Cornelius Creek Shelter and concluding at the junction of the Horse Trail and McFalls Creek Road (VA 618) which is east of Arcadia. The hike passes the headwaters of both Middle Creek and Jennings Creek with good views to the north and west. The hike is on mostly grassy, gated Forest Service roads and two sections of two different graveled Forest Service Roads for about one mile each. This hike will provide great views of Flat...
Top, Sharp Top and Harkening Hill. There will be a couple of minor stream crossings.

Larry Austin  254-2092
Maurice Turner  334-2128

Sunday, November 19, 2006  1:00PM
Black Ridge Trail
4.5 miles, Easy, $5.50 carpool fee
57 miles from Roanoke

The hike will start on the Blue Ridge Parkway near Floyd at the Rocky Knob Visitor Center. It will follow the Black Ridge to the Grassy Knoll and return to the Visitor Center.

Merv and Blanche Brower  387-9732

Sunday, November 26, 2006  8:30AM
Sawtooth Ridge Work Hike
1.5 miles, Moderate, $.50 carpool fee
6 miles from Roanoke

We will be working on installing steps, water bars, etc.

Charles Parry  540-951-1402
Maurice Turner  334-2128

Sunday, December 3, 2006  8:00AM
Sprouts Run/Pine Mountain Circuit
10.5 miles, Strenuous, $1.50 carpool fee
23 miles from Roanoke

This hike, located in Botetourt County near Arcadia, is a circuit hike combining the Sprouts Run Trail and the Pine Mountain Trail with a 1/2 mile bushwhack to connect the two. Sprouts Run is an easy walk but crosses Sprouts Run numerous times so be prepared. If water levels are too high, we will not be able to do this hike. The bushwhack connector is about 1/2 mile long following the headwaters of Sprouts Run and includes a cascading waterfalls. Sprouts Run is a very lovely trail following Sprouts Run all the way with three cascading waterfalls and very large trees, including Hemlock, White Pine and Beechnut. The Pine Mountain Trail follows an old Forest Service Road which is grassy and will be mostly a ridge walk except the descent at the end. There are four wildlife water holes on Pine Mountain which add to its character.

Larry Austin  254-2092
Kris Peckman  366-7780

Sunday, December 3, 2006  1:00PM
Trout Creek (Rt. 620) to Pickle Branch Shelter
2.4 miles, Easy, $1.00 carpool fee
15 miles from Roanoke

Located in Millers Cove in Craig County, this short hike goes north on the AT to the Pickle Branch Shelter.

Kenny Garrett  892-5786
Hugh Hall  725-8874

Saturday, December 9, 6:00 PM
Holiday Potluck Dinner
And Bylaws Vote!

The holiday Potluck dinner will be at Christ Lutheran Church on the corner of Brandon and Grandin Avenues at 6:00 PM. The Club will provide beverages and table service. Club members will provide a dish to share.

This is one of the few social events we have in the year. Come see what your friends look like without a pack and boots!

We will have a box at the door if you wish to bring a nonperishable food item to be donated to RAM House.

Program TBA.

Sunday, December 10, 2006  8:00AM
Dickerson Gap (Rt. 635) to Symms Gap on the AT
11.0 miles, Strenuous, $5.50 carpool fee
55 miles from Roanoke

The hike is located in Giles Co. From Rt. 635 we will ascend Dickerson Gap trail to the AT and hike along Peters Mountain to Symms Gap. We will then take a jeep trail near Mystery Ridge back down to Rt. 635 near Goldbond.

Maurice Turner  540-334-2128
Maya Bohler  344-6588
Sunday, December 10, 2006  1:00PM
Catawba Mountain (Rt 311) to McAfee Knob
7.4 miles, Moderate, $.50 carpool fee
6 miles from Roanoke

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail up and back. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke.

Bobbie Stitcher  397-2760
Sue Scanlin  989-0497

Sunday, December 17, 2006  8:00AM
Angel's Rest Work Hike
.5 miles, Moderate, $5.00 carpool fee
60 miles from Roanoke

We will add some new rock steps on the trail between Pearisburg and Angel's Rest.

Charles Parry  540-951-1402
Dana Helsley  977-4154

Monday, January 1, 2007  9:00AM
Catawba Mountain (Rt 311) to McAfee Knob and lunch
7.4 miles, Moderate, $0.50 carpool fee
6 miles from Roanoke

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail up and back. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke. Hike from 311 to McAfee's Knob and have a picnic lunch in the Devil's Kitchen. Bring anything devilish you can think of for a potluck picnic. Please call the leaders as early as possible so we can be sure we have enough supplies.

Kris Peckman  366-7780
Carl Cornett  342-3950

Can you name this place? And the year ±5?
Prize for one correct answer – 2 free work hikes
For both answers – 1 free work hike!
Hint – the trail almost runs through it.
See Frank Haranzo, 362-2766, to see if you are a winner.
Virginia Master Naturalist Program

As we begin ramping up environmental monitoring on the A.T., Virginia Master Naturalist program will provide valuable training to new and existing A.T. volunteers. VARO (the Virginia Regional Office of the ATC) has been involved on the steering committee for the New River Valley Chapter of the VA Master Naturalist Program. Information about the Virginia Master Naturalist Program can also be found at http://www.virginiamasternaturalist.org/. Newly graduated Virginia Master Naturalists, looking for volunteer projects, may become new faces participating in your clubs. We have had an overwhelming response to the 2006 training session for the New River Valley Chapter.

The Virginia Master Naturalist Program is now ready to begin the process of identifying new program chapters for 2007. The Virginia Master Naturalist program is developing a corps of well-informed volunteers to provide education, outreach, and service dedicated to the beneficial management of natural resources and natural areas within their communities for the Commonwealth of Virginia. The Virginia Master Naturalist program is sponsored jointly by Virginia Cooperative Extension, the Virginia Department of Game and Inland Fisheries, the Virginia Department of Conservation and Recreation, the Virginia Department of Forestry, and the Virginia Museum of Natural History.

In 2006, we started Virginia Master Naturalist chapters in 10 communities. In 2007, we hope to add to more. If you are interested in starting a new chapter in your community, you should follow these steps:
(1) Review the documents that are on http://www.virginiamasternaturalist.org/chapter_chartering.html to determine if this is the program for you. We can provide hard copies. Pay close attention to the Chapter Chartering Guidelines document. This document includes details on the information that you must submit to petition for chartering a new Master Naturalist chapter.
(2) Contact the Program Coordinator, who will help put you in touch with other interested people in your community.
(3) Form a Local Coordinating Committee and submit the materials described in Phase I of the Chapter Chartering Guidelines by October 30, 2006. Each of these items is described in detail in the Chapter Chartering Guidelines posted on the Web site.
(4) The state Steering Committee for the program will meet shortly after that deadline to review the petitions for charter that have been submitted.

Sincerely,
Michelle D. Prysby
Virginia Master Naturalist Program Coordinator
Virginia Tech Department of Forestry/Virginia Cooperative Extension
Mailing Address:
460 Stagecoach Road
Charlottesville, VA 22902
Phone: 434-872-4580
Fax: 434-872-4578
E-mail: mprysby@vt.edu
Web: www.VirginiaMasterNaturalist.org

Laura Belleville
Regional Director
Southwest and Central Virginia Office
P.O. Box 174
Blacksburg, VA 24063
Direct line: (540) 953-3564
ATC Office: (540) 953-3571

Roanoke Appalachian Trail Club Application
New & Renewal

If accepted for membership, I agree to:
1. Support the objectives of the Roanoke Appalachian Trail Club
2. Abide by the rules of the National and State Parks and Forests
3. Respect the interests of the owner when on private property
4. Keep trails and woodlands free of litter and
5. Abide by instructions of the leader on group hikes and trips

Names(s) __________________________________________________________________________
Address _____________________________________City____________State_____Zip_______-
Home Phone ___________________________ Work Phone _______________________________
Email ___________________________________________ Amount Enclosed $________________

Family Membership [ ] New 1 year $20 [ ] New 2 year $35 [ ] Renew 1 year $15 [ ] Renew 2 year $30
Individual Member [ ] New 1 year $15 [ ] New 2 year $25 [ ] Renew 1 year $10 [ ] Renew 2 year $20
Make checks payable to RATC, PO Box 12282, Roanoke, 24024-2282 [ ] Life $500
BOARD OF DIRECTORS

President, Roger Holnback
556-2919............................. rholnback@westernvirginialandtrust.org

Vice President, Greg Tinaglia
989-0374............................. gtratc@yahoo.com

Secretary, Fred Coughlan
387-2331............................. fcoughlan@aol.com

Treasurer, Blanche Brower
387-9732............................. Blanche@brower.cc

Land Mgmt. Supervisor, Bob Stimson
540-552-0560.................. bpstimson@verizon.net

Conservation Supervisor, Liz Belcher
384-6772............................. lbelcher@co.roanoke.va.us

Trail Supervisor, Charles Parry
(540)951-1402............................ parrycj@math.vt.edu

Shelter Supervisor, Kenny Garrett & Jonathan Reed
892-5786............................. codenine911@hotmail.com
265-4782............................. rutc_shelter@yahoo.com

Hikemaster, Michael Vaughn
992-1350............................. mikeva999@yahoo.com

Newsletter Editor, Bob Peckman
366-7780............................. bob@peckmanjazz.com

Membership Coordinator, Mervin Brower
387-8732............................. mervin@brower.cc

Counselor, Leonard Adkins
966-2811............................. habitualhiker.va@netzero.net

Counselor, Dick Clark
989-7053............................. jandrclark@cox.net

ANCILLARIES

Social Chairman Please Volunteer!!!!!
(540)............................

Phone Tree Chairman, Liz Lamson
774-8981............................. blueridge23@cox.net

Newsletter Distribution, Bobbie Stitcher
397-2769............................. rb_bobbie@rbnet.com

Webmaster, David A. Cheslow
774-8981............................. dcheslow@rev.net

Roanoke College Rep., Brian Chisom
389-7393 (H), 375-7393 (W)............. chisom@roanoke.edu

Mid-week Workhikes, Bill Gordge
774-3016............................. bgordge@cox.net

OTHER

ATC Regional Representative, Teresa Martinez
540-981-5551............................. tmartinez@atconf.org

Southwest & Central VA Regional Director, Laura Belleville
540-981-5551............................. lbelleville@appalachiantrail.org

Regional Partnership Committee
Representative, Charles Parry
(540)951-1402............................ parrycj@math.vt.edu
Alternate, Roger Holnback
556-2919............................. rholnback@westernvirginialandtrust.org

ATC-LT Coordinator - James River to New River and Director Western Virginia Land Trust, Roger B. Holnback
556-2919............................. rholnback@westernvirginialandtrust.org

ATC-LT Coord. New River to Damascus, Steve Reisinger
504-951-7580............................. srei38@hotmail.com

Roanoke Valley Greenways Liaison, Dick Clark
989-7053............................. jandrclark@cox.net

Sir Speedy Printer
344-8550............................. robbiey@rbnet.com

CALENDAR OF CLUB ACTIVITIES

Holiday Potluck & Bylaws Vote
Saturday, December 9 – 6:00 PM

WORK HIKES

Sunday, October 15 - 8:00 AM
Laurel Creek Shelter Repair

Sunday, October 22 - 8:30 AM
Sawtooth Ridge Work Hike

Sunday, November 26 - 8:30 AM
Sawtooth Ridge Work Hike

Sunday, December 17 – 8:00 AM
Angel’s Rest Work Hike

Hike Scheduling

Contact Mike Vaughn
992-1350 – mikeva999@yahoo.com

BOARD MEETINGS

(All members welcome. Please notify the host.)

Monday, October 2, 7:30 p.m.
Hosted by Mike Vaughn

Monday, November 13, 7:30 p.m.
Hosted by Roger Holnback - Office

Monday, December 11, 7:30 p.m.
Hosted by Bob & Kris Peckman

The Roanoke Appalachian Trail Club is an affiliate of
The Appalachian Trail Conference
and a member of The Nature Conservancy