



### **Sleeping Gear**

- tent/ground cloth
- sleeping bag
- pillow
- sleeping pad

### **Clothing**

- Raingear top & bottom
- Long underwear (top & bottom)
- hiking shorts/pants
- Outerwear based on forecast  
(fleece or down jacket +  
warm hat/gloves)
- Synthetic or wool t-shirt
- Rain/sun hat
- Bandanas
- camp shoes
- hiking boots
- socks (synthetic or wool)
- underwear

### **Cooking**

- cook set
- spatula
- lighter/matches
- cup/mug
- utensils
- stove
- spare gas/ cartridge
- trash bags (for toting out your  
garbage)

### **Entertainment**

- deck of cards
- steno pad/pen/pencil
- book(s) to read
- binoculars

### **Food**

- freeze-dried food
- vegetables
- tortillas
- raisins
- tuna fish/bread/crackers
- apples
- hot chocolate
- licorice bites
- mayo packets
- soup
- cashews
- trail mix

### **Fishing**

- fishing pole/lures
- Teflon fry pan
- filet knife

### **Photography**

- camera
- panoramic camera
- spare camera batteries
- film/unipod