

Lee Hollow (Rt. 621) to Niday Shelter

2.60 Miles, Easy Last Hike 11-Dec-2005
Hike count 6

The hike is located in Craig County(Hike description needed)

Lee Hollow (Rt. 621) to Sarver Hollow

8.40 Miles, Moderate-Strenuous Last Hike 26-Feb-2006
Hike count 1

The hike is located in Craig County.(Hike description needed)

Lee Hollow (Rt. 621) to Trout Creek (Rt. 620) 113-Mile Hike # 7

8.80 Miles, Moderate Last Hike 29-Jan-2006
Hike count 1

AT hike located in Craig and a little bit of Roanoke County, the hike on Brush Mt. includes the Audie Murphy Monument, a tribute to the most decorated soldier of WWII, who died in a plane crash on this very mountain. This hike has a mile of road walk added because the bridge may be out on Rt. 620.

Lipes Branch Trail

4.60 Miles, Moderate-Strenuous Last Hike 29-Jan-2006
Hike count 1

The trail for the hike is located in the Potts Mountain area of Craig County in Barbours Creek Wilderness. The trail ascends Potts Mountain along Lipes Branch and provides both hikers and horseback riders access into the heart of Barbours Creek Wilderness. The first .5 mile climbs gently up the southeastern lower slope of Potts Mountain, and then it becomes steeper, using switchbacks to reach a partially cleared area at the summit with views into Alleghany County and the George Washington National Forest to the northwest.

Mill Mountain Star Trail

3.40 Miles, Easy-Moderate Last Hike 1-Jan-2006
Hike count 1

This hike starts off Riverland Road just below the water tower. Passing mostly through woods, it climbs over 800 feet from just above the Roanoke River to the top of Mill Mountain, once crossing the J.B. Fishburn Parkway. The return to the Star Trail parking lot follows the same route.

Montebello Fish Hatchery to Long Mountain (Rt. 60)

16.30 Miles, Strenuous Last Hike 23-Oct-2005

Hike count 1

The hike is located in Nelson and Amherst County, where the AT averages 3,640 feet in elevation between Fish Hatchery Road and Salt Log Gap and then traverses Tar Jacket Ridge, Cold Mountain and Bald Knob with sweeping views from both Tar Jacket Ridge and Cold Mountain enroute to Long Mountain Wayside. There will be about a 45 minute car shuttle between the two points.

New River (Rt. 460) to Angel's Rest

5.00 Miles, Moderate Last Hike 15-May-2005

Hike count 4

Located in Giles County.(Hike description needed)

Otter Creek Trail

3.40 Miles, Easy-Moderate Last Hike 7-Aug-2005

Hike count 4

Located in Amherst County just of the Blue Ridge Parkway and little way from James River.(Hike description needed)

Petites Gap to James River (Rt.501)

9.90 Miles, Moderate Last Hike 26-Jun-2005

Hike count 2

The hike is in the James River Face Wilderness located in Bedford and Rockbridge County. It roughly parallels the Blue Ridge Parkway. After a stiff climb to Highcock Knob (3073') it's a pleasant downward trending hike to James River (678') with occasional views to the west and grand finale on the James River Foot Bridge, longest foot-travel-only bridge on the AT. Some steep, rough and rocky trail.

Petites Gap to Thunder Ridge Overlook

3.30 Miles, Easy-Moderate Last Hike 6-Nov-2005

Hike count 2

The hike is located in Rockbridge County.(Hike description needed)

Pine Swamp (Rt. 635) to New River (Rt. 460)

19.50 Miles, Strenuous Last Hike 25-Jun-2006

Hike count 3

Locted in Giles County Virginia and Monroe County West Virginia, this is a lengthy hike on the Appalachian Trail, which traverses a portion of the long ridge of Peters Mountain. Along the ridge top, which roughly forms the Virginia-West Virginia border, there is little change in elevation. Both the ascent and the descent, however, are rather steep. Two open areas along the ridge – Symms Gap and, especially, Rice Field – offer views and excellent spots for breaks or lunch.

Pine Swamp (Rt.635) to Johns Creek (Rt. 632) 113-Mile Hike # 10

13.20 Miles, Strenuous Last Hike 9-Oct-2005
Hike count 1

The hike is located in Giles County. From Stony Creek Valley we will climb 1,100 feet in one mile to the heavily wooded northern slope of Big Mountain. The trail winds through the 11,172-acre Mountain Lake Wilderness between Salt Sulphur Turnpike and the War Spur Shelter. Wind Rock on Potts Mountain provides the best viewpoint of the hike.

Potts Mountain (LA)

6.00 Miles, Easy-Moderate Last Hike 31-Jul-2005
Hike count 0

The hike is located in Craig and Alleghany counties. (Hike description needed)

Poverty Creek-Jacob's Ladder-Horse Nettle Trails

6.00 Miles, Moderate Last Hike 18-Sep-2005
Hike count 2

The hike is located in Montgomery County north of Blacksburg. It starts at Pandapas and uses some of the trails in Poverty Creek and Gap Mountain.

Price Mountain, Sulphur Ridge Loop

4.90 Miles, Moderate Last Hike 18-Jun-2006
Hike count 3

Located along the border of Craig and Botetourt County, about 15 miles north of Roanoke, this loop hike offers a great sense of isolation for being so close to Roanoke. The trailhead begins on VA 606 and descends for one mile into a quiet valley. After a creek crossing, the route climbs to the top of Price Mountain on the Sulphur Ridge Trail. At the crest of the mountain, the route turns right onto the Price Mountain Trail. The trail then descends along the ridgeline, with views into the Craig Creek valley, to return to the trailhead.

Punchbowl (BRP) to James River (Rt.501)

10.90 Miles, Strenuous Last Hike 5-Dec-2004

Hike count 2

Ribble Trail(South End) to Kimberling Creek (Rt. 606)

6.30 Miles, Easy-Moderate Last Hike 19-Jun-2005

Hike count 1

The hike is located in Giles and Bland County. (Hike description needed)

Ribble Trail, AT Loop

9.91 Miles, Moderate-Strenuous Last Hike 20-Feb-2005

Hike count 1

The hike is located in Giles County. (Hike description needed)

Roaring Run

2.00 Miles, Easy Last Hike 5-Mar-2006

Hike count 3

Located in Botetourt County. The hike visits a cascading stream and scenic waterfalls, standing pre-civil war iron ore furnace, used for making iron ingots, stoves, and other iron products for the building of America.

Rock Castle Gorge

11.00 Miles, Strenuous Last Hike 22-Aug-2004

Hike count 3

Located in Patrick County, on Blue Ridge Parkway land. After a steep 2,000-foot ascent, the hike parallels the Parkway – passing alternately through woods and open fields with extraordinary views. On the descent down the other side of the gorge, the hike passes some old cabin sites and a series of interesting rock formations. The last few miles are along Rock Castle Creek – a wild stream with many cataracts.

Rockfish Gap (I64) to Dripping Rock (BRP)

14.60 Miles, Strenuous Last Hike 21-May-2006

Hike count 1

Hike provides views of Rockfish Valley and southern summits of Shenandoah National Park. Hike will pass by Humpback Rocks with a side trail of 800 feet to the rocks. Will have a car shuttle of approximately 10 miles.

Saint Mary's Wilderness, Upper Loop

10.60 Miles, Strenuous Last Hike 26-Sep-2004

Hike count 2

The hike is located in Augusta County, and combines 4 trails in the Saint Mary's Wilderness (Mine Bank Trail, Saint Mary's Trail, Jeep Trail and Bald Mountain Trail).

Sandstone Ridge (Rt 624) to Trout Creek (RT 620) (113-Mile Hike # 6 Plus)

8.00 Miles, Strenuous Last Hike 27-Feb-2005
Hike count 2

The hike is located in Roanoke and Craig County, and starts at the Rt. 624 road crossing. The hike climbs a rocky ridge with nice views of the valley below, before reaching Dragon's Tooth. Then it follows the ridge of Cove Mt. as it curves around Miller's Cove, finally descending past the Pickle Branch shelter to the suspension bridge over Trout Creek.

Seven Mile Mountain

5.07 Miles, Moderate Last Hike 19-Mar-2006
Hike count 4

Located in Craig County on Forest Service land, this hike is a nice ridge walk.

Sinking Creek(RT 630) to Johns Creek(RT 632) 113-Mile Hike # 9

8.20 Miles, Moderate-Strenuous Last Hike 23-Apr-2006
Hike count 2

The hike is located in Craig County.(Hike description needed)

Sinking Creek(RT 630) to Lee Hollow (RT 621) 113-Mile Hike # 8

10.40 Miles, Moderate-Strenuous Last Hike 11-Sep-2005
Hike count 4

Joint hike with Natural Bridge AT Club. Located in Craig County, the hike climbs up Sinking Creek Mountain, then follows the ridge where rock piles and old apple trees remain from the days when even the top of the mountain was farms. Several slanted rocks offer views of Craig Creek Valley and the mountains beyond. Side trip down to visit the new Sarver Shelter on the old Sarver homestead site.

Spec Mines Trail Circuit via Blackhorse Gap

10.50 Miles, Strenuous Last Hike 13-Mar-2005
Hike count 1

The hike is located in Botetourt County just west of the Blue Ridge Parkway. It will utilize the Spec Mines Trail, AT between Montvale Overlook and Blackhorse Gap, and the Glenwood Horse Trail (USFS 634) with a side trip to the Spec Mines. The Spec Mines are about one mile (one-way) off the Glenwood Horse Trail and will require some bushwhacking. The initial climb from the Glenwood Horse Trail is quite strenuous for a 1/4 - 1/2 mile, so one must be in shape to do this. The site of the mines offers two open mines and a couple of old brick buildings along the creek. The mines have been closed since the early 1900's, so this is a trip back in time.

Spec Mines-Hammond Hollow Circuit

8.00 Miles, Moderate-Strenuous Last Hike 8-Aug-2004

Hike count 1

Sprouts Run and Wilson Mountain Trails

9.00 Miles, Moderate Last Hike 6-Nov-2005

Hike count 1

The Hike is located in Botetourt County, at Solitude near Arcadia and has not been maintained for years but recently the hike leader has attempted to open them up. There may be some work still to be done on Wilson Mountain Trail at the time of this hike but that makes it more interesting. Sprouts Run Trail offers creekside walking with little elevation gain until the last 3/4 mile in its approach to Hoop Pole Gap. This is a beautiful trail ignored by most but it offers several nice cascading waterfalls, pools of water (hopefully there will be water) and some cliffs and huge trees of various species. Wilson Mountain is mainly ridge walking with its descent back down to the beginning of Sprouts Run Trail and lends views of the James River, Solitude valley and mountains in the distance.

Stewarts Knob

4.80 Miles, Easy Last Hike 13-Mar-2005

Hike count 2

Located in Vinton (Bedford County), this hike follows a new addition to the Greenway. This section will be an extension to the Wolf Creek Greenway. Starting just north of Rt. 24 it follows alongside the Blue Ridge Parkway.

Sunset Field to Apple Orchard Falls

2.80 Miles, Easy-Moderate Last Hike 26-Jun-2005

Hike count 5

Located on the Blue Ridge Parkway North of the Peaks of Otter near milepost 78. Enter the national forest at 0.1 miles, cross the AT at 0.2 miles, a logging road at 0.8 and at 1.4 miles look back on a beautiful 200-foot waterfall. The hike down is relative easy, but getting back up is another thing. It is a steep climb back.

Tar Jacket Ridge, Cole Mtn - Old Hotel Trail loop

11.00 Miles, Strenuous Last Hike 19-Dec-2004
Hike count 4

Located in Amherst County some 20 miles northeast of Buena Vista, this loop hike offers some of the most outstanding views anywhere in the area. The trailhead is on the Appalachian Trail at Salt Log Gap roughly 8 miles from route 60 on a dirt and gravel road. Following the A.T. south, the route climbs Tar Jacket Ridge and then Cole (a.k.a. Cold) Mountain. Both of these summits are open and offer extraordinary views in all directions – Cole Mountain especially. Less than a mile south of Cole, the route turns left onto the Old Hotel Trail at Cow Camp Gap (during the stagecoach days there was an inn in this area, but nothing remains of it today). After passing a shelter, the trail climbs a hill and then passes some old rock fences on its way to a beautiful, open park-like area (a great camp site). The last part of the hike is along a Forest Service road back to Salt Log Gap.

Terrapin Mountain

10.00 Miles, Strenuous Last Hike 18-Apr-2004
Hike count 1

Located in Bedford County close to Apple Orchard Mountain, this hike mostly uses old logging and Forest Service roads. On the way up you pass by two rocky outcrops, which offer good views of the valley between this Mountain and Apple Orchard Mountain and the Thunder Ridge area. On the way down we'll follow and cross a few creeks.

Thunder Ridge Overlook to Cornelius Creek Shelter

6.90 Miles, Moderate Last Hike 0-Jan-1900
Hike count 0

Located in Bedford County, this hike has wonderful views from Thunder Ridge Overlook and Apple Orchard Mountain. This route is also known for the Guillotine, a rock formation, where the trail passes under a suspended rock.

Thunder Ridge Overlook to Jennings Creek

15.00 Miles, Strenuous Last Hike 8-May-2005
Hike count 1

The hike is located in Botetourt County.(Hike description needed)

Trout Creek (RT 620) to Dragon Tooth Parking 113 Mile Hike # 6

7.00 Miles, Strenuous Last Hike 12-Mar-2006
Hike count 2

The hike is in Craig and Roanoke County west of Salem. After crossing Trout Creek, we will ascend through a fire recovery area, pass by the Pickle Branch shelter, then ascend to the ridge, which we will follow around the crescent-shaped top of Cove Mountain to Dragon's Tooth with its great views and rock-scrambling opportunities. We will descend on the A.T. over Rawie's Rest (more rocks and great views) to the intersection with the blue-blazed Boy Scout Trail which will take us to the Dragon's Tooth parking lot.

Trout Creek (RT 620) to Lee Hollow (RT 621) 113-Mile Hike #7

7.60 Miles, Moderate Last Hike 4-Jun-2006
Hike count 5

Located in Craig and a little bit of Roanoke County, the hike on Brush Mt. includes the Audie Murphy Monument, a tribute to the most decorated soldier of WWII, who died in a plane crash on this very mountain

Trout Creek (Rt. 620) to Pickle Branch Shelter

2.35 Miles, Easy Last Hike 10-Apr-2005
Hike count 2

Located in Craig County in the Jefferson National Forest just south on AT from Dragons Tooth in Millers cove. (Hike description needed)

Troutville (Rt. 11) to Fullhart Knob Shelter

7.00 Miles, Moderate Last Hike 19-Dec-2004
Hike count 1

The hike is located in Botetourt County. This up-and-back Appalachian Trail hike begins at a small parking lot on Route 11 at the Troutville town limits. After crossing railroad tracks, hikers ascend a grassy hill with excellent views. The trail then crosses a road and begins the climb to Fulhardt Knob. Shortly before the summit and shelter are reached, a side trail leads to a viewpoint.

War Spur ; Loop , Connector , Overlook Hike

4.00 Miles, Easy Last Hike 17-Jul-2005
Hike count 5

The hike is located on Salt Pond Mountain in Giles County and in the Mountain Lake Wilderness. You hike to War Spur overlook and the AT, you return from the overlook through a virgin hemlock, fir, and spruce stand. Buffet at Mountain lake Lodge is an option.

Wolf Creek Greenway

3.49 Miles, Easy Last Hike 21-Mar-2004
Hike count 4

Located in Vinton. This hike uses one of the trails that make up the valley's expanding greenway system.

Woods Creek Trail

5.00 Miles, Easy Last Hike 28-Mar-2004
Hike count 1

Located in Lexington.(Hike description needed)
