

Daleville (Rt. 220) to Mountain Pass Road (Rt. 652)

4.64 Miles, Easy-Moderate Last Hike 19-Feb-2006
Hike count 5

The hike is located in Botetourt County. (Hike description needed)

Daleville (Rt. 220) to Troutville (Rt. 11)

3.00 Miles, Easy Last Hike 11-Jul-2004
Hike count 1

Will meet at Daleville Park'n ride take the old feeder trail to the AT then hike north to the junction of US 11 and return on the same route. (we may explore the trail further if time allows) Beginner's hike.

Daleville (Rt. 220) to Hay Rock

8.00 Miles, Moderate Last Hike 23-Apr-2006
Hike count 12

Located in Botetourt County north of Roanoke. Except for a short feeder trail (old A.T.), the route follows the Appalachian Trail to Hay Rock and back again. There are several good overlooks along the way, but the best one is at Hay Rock. This overhanging chunk of sandstone provides shelter on one side and great views on the other – for those willing to scramble to the top.

Deer Trail (FSR 224) to North Mountain Trail (Rt. 311)

4.00 Miles, Moderate Last Hike 20-Nov-2005
Hike count 1

The hike starts in Craig County and ends in Roanoke County following the border a good part of the way.(Hike description needed)

Douthat State Park (Hike 1)

7.10 Miles, Strenuous Last Hike 19-Oct-2003
Hike count 1

Located about 39 miles straight up Rt. 220 from Dalville to trailhead near Clifton forge. With 40 miles of trails that cross and interconnect, there are lots of hiking opportunities here. This hike uses several trails to form a loop that climbs and then descends Middle Mountain from the main road that bisects the Park. Along the way there are a couple of small waterfalls plus a great lunchtime view from a side trail on top of the mountain.

Douthat State Park (Hike 2)

11.00 Miles, Strenuous Last Hike 17-Oct-2004
Hike count 1

The hike is located in Bath County in the George Washington National Forest near Clifton Forge. This hike is one of many possibilities in Douthat State Park. It will include Brushy Hollow Trail, Mountain Top Trail, Mountain Side Trail, Beards Gap Trail, Beards Gap Hollow Trail, Locust Gap Trail to Stony Run Trail and Stony Run Trail some nice views of the lake and mountains.

Douthat State Park (Hike 3)

10.00 Miles, Strenuous Last Hike 4-Dec-2005
Hike count 1

This hike is located in Bath County. It combines six trails to form a loop of about 10 miles. The hike provides lake side walking before entering the woods and the climb to the top of the mountain. It provides views from Tuscarora Overlook and Lookout Rock. It also passes by Blue Suck Falls and follows the creek back to the starting point.

Dragon's Tooth Parking to Dragon's Tooth

5.20 Miles, Moderate Last Hike 14-May-2006
Hike count 7

Located on Cove Mountain near the Craig and Roanoke County line, the hike to Dragon's Tooth ascends steep, rugged outcrops of quartzite which form the spine of Cove Mountain. A difficult hike, Dragon's Tooth summit offers magnificent views of nearby and distant peaks year-round.

Dragon's Tooth Parking to Trout Creek (Rt. 620) via Rawies Rest , 113-Mile Hike # 6

7.00 Miles, Strenuous Last Hike 21-Aug-2005
Hike count 3

The hike is in Craig and Roanoke County west of Salem. The hike starts on a blue-blazed trail (known as the Boy Scout trail) leading to the AT and almost to Rt. 624. It then follows the AT south to Dragon's Tooth with great views, descending Cove Mountain, passing by Pickle Branch Shelter and over Trout Creek ending at Rt. 620.

Elliott Knob

10.00 Miles, Strenuous Last Hike 7-May-2006
Hike count 1

This hike is in Augusta County west of Staunton near Buffalo Gap. It is the site of an old radio tower and will be an up and back hike. Elliott's Knob is at an elevation of 4,458 feet. Although there are good views all along the trail, the summit provides stunning views, and there are two old growth groves of red spruce trees which is not common in our area.

Falling Water Cascades, Flat Top Mountain, Harkening Hills Trails

9.80 Miles, Strenuous Last Hike 15-May-2005

Hike count 1

The hike is located in Botetourt and Bedford Counties. It will start at Falling Water Cascades parking just off the Blue Ridge Parkway and will descend down to the Falling Water Cascades waterfalls and ascend back up to the parkway to the trailhead of Flat Top Mountain. It follow Flat Top Mountain Trail to the Peaks of Otter picnic area, the road to Abbott Lake, then go around the lake past the lodge and under the BRPW to the trail to Harkening Hill. It will go by the Johnson Farm continuing to the summit of Harkening Hill and end up at the parking area of the Country Store and Museum. This hike offers a waterfall, a side trip to Cross Rock (an unusual rock formation near the top of Flat Top Mountain), beautiful views from the summit of Flat Top Mountain, Abbott Lake, the historical Johnson Farm and views from the summit of Harkening Hill.

Falls Ridge

5.00 Miles, Moderate Last Hike 7-May-2006

Hike count 8

The hike is located in Montgomery County, southeast of Blacksburg in Falls Ridge Preserve. Part of a steep, rugged ridge that rises from the valley of the North Fork of the Roanoke River, Falls Ridge Preserve boasts a spring-fed travertine waterfall approximately 80 feet in height. Salem Fault runs through the preserve, dividing it into two different rock types: Precambrian limestone and shale/sandstone. The corresponding difference in soil types generates a diversity of vegetation, particularly wildflowers and smaller flora.

Fenwick Mines Trails

3.06 Miles, Easy Last Hike 13-Nov-2005

Hike count 5

The hike is located in Craig County, approximately 7 miles northeast of New Castle on VA 685. Fenwick Mines has open pit mines & foundations of old mining stuctures, nature trail, & wetlands created by beaver. Great for beginners or those a little out of shape.

Ferrier - Lick Branch - Price Mtn.

10.00 Miles, Strenuous Last Hike 9-Jan-2005

Hike count 1

Located in Craig County east of New Castle on the border of Botetourt County, the hike will follow the Ferrier Trail to Lick Branch Trail, then follow Lick Branch trail to top of Broad Run Mountain, following the ridge to Rt 606. Since this is a strenuous hike in mid-winter conditions, participants need to be in excellent condition. Carry extra warm clothing in case of emergency or to contend with icy winds on the ridge.

Ferrier Trail

7.25 Miles, Easy-Moderate Last Hike 7-Nov-2004
Hike count 3

Flat Top Mountain

4.02 Miles, Moderate Last Hike 25-Apr-2004
Hike count 3

Located in Botetourt County, this hike is scheduled to optimize the chances of catching the many trilliums along the trail at their peak. At one point a side trail descends a short distance to an unusual formation known as Cross Rock. At the summit of Flat Top, nice views may be obtained by easy scrambles onto projecting rocks.

Flat Top Mountain, Trillium Hike

4.02 Miles, Moderate Last Hike 24-Apr-2005
Hike count 3

Located in Botetourt County, this hike is scheduled to optimize the chances of catching the many trilliums along the trail at their peak. At one point a side trail descends a short distance to an unusual formation known as Cross Rock. At the summit of Flat Top, nice views may be obtained by easy scrambles onto projecting rocks.

Forge Mountain

6.00 Miles, Strenuous Last Hike 30-Apr-2006
Hike count 2

The hike is located in Rockbridge County. The trailhead is in the Goshen Pass area near Lexington. There is a high scenic ridge with cliffs and very unusual rock formations. An old trail description, borrowing words from Dante's Inferno, warns "Abandon all hope, ye who enter here". This is something of an exaggeration. However parts of the trail are very steep and there are stream crossings if a loop hike is attempted.

Fort Lewis Mountain from Bradshaw Rd.

4.20 Miles, Moderate Last Hike 9-Jan-2005
Hike count 4

The hike is located in Roanoke County. (Hike description needed)

Garden Mountain (Rt. 623) to Rich Valley (Rt. 42)

17.30 Miles, Strenuous Last Hike 12-Sep-2004

Hike count 1

Locted in Bland County.(Hike description needed)

Glenwood Horse Trail to Bearwallow Gap

9.00 Miles, Moderate-Strenuous Last Hike 11-Apr-2004

Hike count 1

Located in Botetourt County ,the hike offers nice views of the valley below and passes some old iron ore mining sites on the horse trail. There is about a 10 minute car switch.

Grassy Hill Natural Area Preserve

6.00 Miles, Moderate Last Hike 11-Jun-2006

Hike count 2

The hike is located in Franklin County, just outside the town of Rocky Mount at the Grassy Hill Natural Area Preserve, owned and managed by the Virginia Department of Conservation & Recreation. This hike will traverse Grassy Hill which is a formation composed of ancient volcanic rocks rich in magnesium. Hikers will get to see a mixture of habitats including areas that support rare plants.

Greenbrier State Forest

8.00 Miles, Strenuous Last Hike 16-Nov-2003

Hike count 1

Greenbrier State Forest in West Virginia is located 35 miles west of Clifton Forge near White Sulphur Springs. It's developed much like a state park, with a campground, trails, cabins, even a swimming pool. Most of the trails run along the side of Kates Mountain (after which the rare Kate's Mountain Clover is names) or climb to the ridgetop. This hike is a loop with a couple of steep sections as it ascends and then descends the mountain. There is a modest view of the Greenbrier River Valley at the top.

Hoop Hole

0.00 Miles, 0.00 Last Hike 0-Jan-1900

Hike count 0

Hoop Hole, Lower Loop

4.00 Miles, Easy Last Hike 4-Jun-2006
Hike count 9

Located Botetourt County, the hike makes a loop by following two delightfully wild streams: Hipes Branch and Stony Run. Both of these pass through high canyons and have plenty of cascades and deep pools. While there is little change in elevation, there are many stream crossings – some of which may be tricky if the water is high.

Hoop Hole, Upper Loop

7.31 Miles, Strenuous Last Hike 24-Jul-2005
Hike count 1

The hike is located in Botetourt County between Eagle Rock and Oriskany – some 45 minutes from Roanoke. This hike uses part of the lower loop to get to the upper loop which includes a steep climb to the top of Montgomery Knob in the Jefferson National Forest.

House Mountains, Big and Little

9.12 Miles, Strenuous Last Hike 14-May-2006
Hike count 1

Located in Rockbridge County west of Lexington. Purchased for preservation by the Rockbridge Area Conservation Council (RACC) in 1989, the 800+ acres including the tops of Big House and Little House Mountain, and the saddle between them, contain numerous species of plants and provide views of the Rockbridge County countryside. We will follow the 2-mile woods road to the saddle, hike another mile to the cliffs of Big House Mountain, then return to the saddle and take the Little House Mountain trail which involves a climb followed by a lovely ridge walk.

James River Foot Bridge to Auto Bridge

5.00 Miles, Easy-Moderate Last Hike 14-Aug-2005
Hike count 3

The hike is located in Bedford County. It will cross the James River Foot Bridge following the AT to Matts Creek Shelter then come back on the old AT to just south of the AT's old James River crossing on the public highway bridge.

Jennings Creek (Rt. 614) to Bryant Ridge Shelter

5.86 Miles, Moderate Last Hike 9-Apr-2006
Hike count 4

Located in Botetourt County not far from Arcadia and Buchanan. (Hike description needed)

Jenny Knob (Rt.611) to Kimberling Creek (Rt. 606)

9.50 Miles, Strenuous Last Hike 5-Feb-2006
Hike count 1

Located in Bland County,the hike from Rt 611 to Rt 606(Kimberling Creek) has one blue blaze trail with great views, and a great footbridge.

Jenny Knob (Rt.611) to Lickskillet Hollow (Rt. 608), 113-Mile Hike # 14

4.30 Miles, Easy-Moderate Last Hike 27-Nov-2005
Hike count 2

The hike is located in Bland County.(Hike description needed)

Johns Creek (Rt. 632) to Johns Creak Mountain Trail (Rt. 658)

5.90 Miles, Moderate Last Hike 15-Jan-2006
Hike count 1

The hike is locted in Craig County.(Hike description needed)

Johns Creek (Rt. 632) to Sinking Creek (Rt. 630) 113-Mile Hike # 9

8.30 Miles, Strenuous Last Hike 18-Sep-2005
Hike count 1

The hike is located in Craig and Giles counties. (Hike description needed)
