

Alleghany Trail to Pine Swamp

15.50 Miles, Strenuous Last Hike 23-Apr-2005
Hike count 1

The hike is located in Monroe County West Virginia and Giles County Virginia. It starts on WV CR15 at the parking lot for the Hanging Rock Raptor Migration Observatory. The trail follows the crest of Peters Mtn mostly on old logging and forest service roads. The first 12.5 miles are on the Alleghany Trail and the last 3 miles on the AT ending at RT 635. Remember to bring a flashlight!!

Andy Layne Trail (Rt. 779) to Daleville (Rt. 220) 113-Mile Hike # 3

11.00 Miles, Strenuous Last Hike 10-Jul-2005
Hike count 2

The hike is just north of Roanoke, starting in the Catawba Valley and ending in Daleville. The hike is a stiff uphill on the relocated Andy Layne Trail and then a scenic ridge walk overlooking Carvins Cove.

Andy Layne Trail (Rt. 779) to Stone Coal Gap

5.00 Miles, Moderate Last Hike 6-Feb-2005
Hike count 1

The hike is located in Botetourt and Craig Counties. (Hike description needed)

Andy Layne Trail (Rt. 779) to Tinker Cliffs

7.20 Miles, Moderate Last Hike 2-Apr-2006
Hike count 6

Located in Botetourt County, the trailhead for this hike is on Route 779 roughly halfway between Catawba and Daleville. In 2001, this trail was dedicated to Andy Layne – a prominent member of RATC who passed away in 1991. The hike crosses meadows and Catawba Creek and then starts the ascent to Scorched Earth Gap where it continues on the AT to Tinker Cliffs. Many spots along the cliffs offer excellent views of McAfee Knob and the Catawba Valley.

Andy Layne Trail (Rt. 779) to North Mountain Trail (Rt. 311)

10.40 Miles, Moderate-Strenuous Last Hike 20-Nov-2005
Hike count 2

The hike starts in Botetourt County and follows the border of Botetourt, Craig, and Roanoke counties; it climbs North Mountain on the gently graded Catawba Valley Trail, which begins just opposite the Andy Layne Trail on Route 779. The rest of the hike is an up-and-down ridge walk, with views on both sides visible through the trees in winter.

Apple Orchard Falls Cornelius Creek Loop

5.65 Miles, Moderate Last Hike 16-Oct-2005
Hike count 4

This is a popular hike located in the North Creek camping area, near Arcadia. A blue-blazed trail, steep in places, leads uphill to Apple Orchard Falls. The falls are impressive and the trail has been greatly improved in recent years. Beyond the falls, a crossover path leads to the Cornelius Creek Trail which follows the creek downhill - back to the parking area.

Apple Orchard Falls-Glenwood Horse-AT-Cornelius Creek Trails Circuit

11.50 Miles, Strenuous Last Hike 14-Nov-2004
Hike count 1

The hike is located in Botetourt County, which starts at the Trailhead Parking on North Creek, ascend Apple Orchard Falls to the Blue Ridge Parkway, cross over the parkway to the east side and follow a gated forest service road for 1/2 mile to the site of the former Camp Kewansee then would pick up the Glenwood Horse Trail and follow it out to Floyd Field on the Parkway continue across the parkway and descend the blue blaze to the Cornelius Creek Shelter, pick up the AT below that and follow the AT north to where it intersects with the Cornelius Creek Trail and descend that trail back the starting point.

Apple Orchard Mountain Loop

10.80 Miles, Moderate-Strenuous Last Hike 2-Apr-2006
Hike count 1

Hike begins at the Sunset Field Overlook on Blue Ridge Parkway and uses the AT over Apple Orchard Mountain passing the Guillotine, crosses the BRPW and descends an old gated road down to the Glenwood Horse Trail. We'll head south on the Horse Trail to the old site of Camp Kewansee and back up to BRPW at Sunset Field. Good views on the Horse Trail and on Apple Orchard Mountain.

Bearwallow Creek Hollow Exploratory

6.50 Miles, Strenuous Last Hike 26-Mar-2006
Hike count 1

This hike will be mostly bushwacking but will also include a small portion of the AT at Bearwallow Gap and a small portion of the Glenwood Horse Trail near the beginning and at the end. This hike will basically follow Bearwallow Creek to Bearwallow Gap where we will head south on the AT to the top of the mountain and then back into the woods where there is no trail. Bearwallow Creek is very beautiful with a little known waterfalls. We will go where few have trodden before. We will also be able to sit on a rock outcropping looking to the north and west where very few people even know about. You must be able to ascend and descend some very steep areas where trees will have to be used for support. You may want to bring a pair of gloves if you have tender hands. There will be a number of creek crossings as well.

Bearwallow Gap to Jennings Creek

6.40 Miles, Moderate Last Hike 23-Oct-2005
Hike count 3

Located in Botetourt County south-east of Buchanan. (Hike description needed)

Bearwallow Gap to Little Cove Mountain Trail

3.30 Miles, Easy-Moderate Last Hike 1-Jul-2001
Hike count 1

Located in Botetourt County, the hike climbs steeply to the top of the mountain, about 500 feet in 1.4 miles, then follows the ridge to Little Cove Mountain trail. The climb makes this a moderately difficult hike.

Bearwallow Gap to Little Cove Mtn loop -Lady Slipper Hike

3.30 Miles, Easy-Moderate Last Hike 8-May-2005
Hike count 4

Located in Botetourt County, the hike climbs steeply to the top of the mountain, about 500 feet in 1.4 miles, then follows the ridge to Little Cove Mountain trail. The climb makes this a moderately difficult hike.

Bearwallow Gap to Troutville (Rt. 11)

20.20 Miles, Strenuous Last Hike 3-Oct-2004
Hike count 1

Located in Botetourt & Bedford County(Hike description needed)

Belfast Trail to Devils Marbleyard

2.90 Miles, Moderate Last Hike 26-Mar-2006
Hike count 8

Located a few miles beyond Natural Bridge Station, this popular hike starts about an hour's drive from Roanoke. The route follows the Belfast Trail in the Jefferson National Forest and heads steeply uphill for a little over two miles. At this point the Devil's Marbleyard appears just to the left of the trail. This is an eight-acre field of quartzite boulders which affords endless scrambling opportunities (watch out for snakes, though) and great views. The return is along the same route.

Belfast Trail, AT, Sulphur Spring Trail Circuit

9.70 Miles, Moderate-Strenuous Last Hike 17-Apr-2005
Hike count 1

The hike is located in Rockbridge County. It will begin at the trailhead of the Belfast Trail and will take one by the Devil's Marbleyard on to the AT where you turn South and follow it until the junction with the Sulphur Spring Trail. Will follow the Sulphur Spring Trail back down the mountain until it reaches Forest Service Road 35. Will then follow USFS 35 to where it intersects the Glenwood Horse Trail. Will proceed on the Glenwood Horse Trail back to the Belfast Trail and then to the parking area. This hikes offers great views from Devil's Marbleyard, the AT, and some walking along the beautiful Elk Creek.

Bennet Springs Loop Hike # 1

6.00 Miles, Moderate Last Hike 4-Dec-2005
Hike count 1

Come join us on a new hike that begins at Carvins Cove Parking Lot (off Rt. 311, NOT Williamson Rd.) The one mile ascent to the top of Brushy Mountain is quite steep, while the rest is moderate. Good views of McAfee's Knob and the valley are beautiful, while on the descent we will cross a stream several times. It's a pretty loop trail.

Bennet Springs Loop Hike # 2

6.00 Miles, Moderate Last Hike 26-Feb-2006
Hike count 1

Come join us on a new hike that begins at Carvins Cove Parking Lot (off Rt. 311, NOT Williamson Rd.). It's a pretty loop trail.

Big Horse Gap to New River (RT 460) 113-Mile Hike #11

11.00,12.5 Miles, m Last Hike 9-Jun-2002
Hike count 1

Black Horse Gap (BRP) to Curry Gap (BRP) 113-Hike # 1

6.90 Miles, Moderate-Strenuous Last Hike 21-Aug-2005
Hike count 3

This hike is located in Botetourt County. (Hike description needed)

Black Horse Gap to Salt Pond Road via 1930 AT

6.00 Miles, Moderate Last Hike 23-Nov-2003

Hike count 4

Located along the Blue Ridge Parkway north of Route 460. This hike follows the directions given in the 1934 Trail Guide on hiking the AT between Black Horse Gap and Curry Gap. There is bushwhacking on this hike.

Black Horse Gap to Salt Pond Road via 1930 AT Plus

6.68 Miles, Strenuous Last Hike 31-Oct-2004

Hike count 1

Located along the Blue Ridge Parkway north of Route 460. This hike follows the directions given in the 1934 Trail Guide on hiking the AT between Black Horse Gap and Curry Gap Plus part of the Glenwood Horse Trail. There is considerable bushwhacking on this hike.

Bluff City to Rice Field

12.74 Miles, Strenuous Last Hike 7-Sep-2002

Hike count 1

The will be on Peters Mountain in Giles County near Pearisburg , SR 460 & The New River. (Hike description needed)

Bobblets Gap-Hammond Hollow Loop

5.80 Miles, Moderate Last Hike 8-Jan-2006

Hike count 1

This hike is located in Botetourt County and uses the AT, Hammond Hollow Trail and Glenwood Horse Trail to form a loop.

Bottom Creek Gorge

5.30 Miles, Easy-Moderate Last Hike 25-Sep-2005

Hike count 7

Hidden away at the corner of Montgomery, Roanoke, and Floyd counties is the Bottom Creek Gorge Preserve on top of Bent Mountain. The Nature Conservancy has developed a network of trails that pass ponds, streams and meadows and follow tunnels of rhododendron that lead you around and down to the Bottom Creek George, then up to a vantage point to see Bent Mountain Falls flow from a mountain side.

Buchanan Trail-AT-Horse Trail loop

8.80 Miles, Moderate Last Hike 12-Feb-2006
Hike count 1

This hike located in Botetourt County in the Arcadia/Buchanan area utilizes the AT from Jennings Creek to the Buchanan Trail, and a portion of the Buchanan Trail and then heads north on the Glenwood Horse Trail to form a loop. It will use some of the Cove Mountain Trail as well and will repeat a small section of the Buchanan Trail which also doubles as a section of the Horse Trail.

Buffalo Mountain

4.00 Miles, Easy-Moderate Last Hike 27-Jun-2004
Hike count 4

Located in Floyd County in the vicinity of Mabry Mill, the hike goes to the summit of Buffalo Mountain with extraordinary views in all directions. The distinctive shape of Pilot Mountain in North Carolina is visible in the distance on a clear day. A network of unofficial trails lead to various points on the edge of the mountain's massive rock face.

Carvin Cove Boat Launch to Cemetery

4.00 Miles, Easy Last Hike 22-Jan-2006
Hike count 6

The City of Roanoke's reservoir.(Hike description needed)There is a fee of \$1.00 for Roanoke City residents and \$2.00 for every one else.

Cascades

4.00 Miles, Easy-Moderate Last Hike 5-Feb-2006
Hike count 9

Located in Giles County near Pembroke, the hike uses trails, which run, along both sides of Little Stony Creek, which ends near the Cascades – an impressive waterfall. Usually the hike will go up one side of the creek and come back on the other. The Forest Service charges a nominal fee (\$2.00) to park at the trailhead.

Catawba Mountain (Rt. 311) to Andy Layne Trail (Rt. 779) 113-Mile Hike # 4

11.50 Miles, Strenuous Last Hike 4-Sep-2005
Hike count 5

This hike offers the opportunity to see two of the prime vistas of the Appalachian trail in one day! The hike first climbs gradually to McAfee's Knob, then follows the AT on the ridgeline to Tinker Cliffs before dropping down to Rt. 779 on the Andy Layne Trail. Today you get an added plus: help Homer and Therese celebrate their wedding anniversary on the very spot where they were married!

Catawba Mountain (Rt. 311) to Daleville (Rt. 220) 113-Mile Hikes 3 & 4

17.53 Miles, Strenuous Last Hike 0-Jan-1900
Hike count 0

Starts from the 311 parking lot on Catawba Mountain – only 15 minutes from Roanoke. Certainly one of our most challenging hikes and it is recommended only for those in excellent physical condition. Almost 20 miles of the Appalachian Trail leads over varied terrain with several steep climbs and tricky footing in places. Highlights include McAfee Knob, Tinker Cliffs and Hay Rock. There are also numerous unnamed overlooks providing nice views of both the Catawba Valley and Carvins Cove

Catawba Mountain (Rt. 311) to Dragon's Tooth Parking 113-Mile Hike # 5

8.90 Miles, Moderate Last Hike 28-May-2006
Hike count 5

The hike begins at the 311 parking lot – just 15 minutes from Roanoke. The Appalachian Trail is followed south over the many humps of Catawba Mountain before dropping down to the open fields of Beckner’s Gap. Between Routes 785 and 624, the trail crosses Sandstone Ridge. Beyond 624 the trail heads uphill past the Boy Scout Trail and continues to Lost Spectacles Gap where a blue-blazed trail leads down to the Dragon’s Tooth parking lot.

Catawba Mountain (Rt. 311) to McAfee Knob

7.40 Miles, Moderate Last Hike 25-Jun-2006
Hike count 18

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail up and back. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke.

Catawba Mountain (Rt. 311) to McAfee Knob + Diner at Home Place

7.40 Miles, Moderate Last Hike 18-Nov-2000
Hike count 1

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail up and back. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke.

Catawba Mountain (Rt. 311) to McAfee Knob and Lunch

7.40 Miles, Moderate Last Hike 1-Jan-2006
Hike count 1

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail up and back. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke. Hike from 311 to McAfee's Knob and have a picnic lunch in the Devil's Kitchen. Bring anything devilish you can think of for a potluck picnic. Please call the leaders as early as possible so we can be sure we have enough supplies

Catawba Mountain (Rt. 311) to McAfee Knob as a Circuit Hike

7.40 Miles, Moderate Last Hike 16-Jan-2005

Hike count 1

Located west of Salem in Roanoke County, the hike follows the Appalachian Trail to the fire-road crossing, past the old Johnson Farm location (chimney still standing), through the Devil's Kitchen, and back down the newly relocated section of trail. Extensive cliffs at the top afford unparalleled views of both the Catawba Valley and the city of Roanoke.

Catawba Mountain (Rt. 311) to Sandstone Ridge (Rt. 624) , Blood Root

5.90 Miles, Moderate Last Hike 22-Apr-2001

Hike count 1

Catawba Mountain (Rt. 311) to Sawtooth (Rt 785)

4.30 Miles, Easy-Moderate Last Hike 18-Dec-2005

Hike count 5

Located in Roanoke County just west of Salem and I-81 near the Catawba Valley. This is up and down ridge walk through the forest coming out on pasture near the end. Last year(2002) the fall leaves were very beautiful.

Catawba Mountain (Rt. 311) to Trout Creek (Rt. 620)

12.90 Miles, Strenuous Last Hike 27-Jun-2004

Hike count 1

Located in Roanoke and Craig County, the hike follows the roller coaster Sawtooth Ridge, with views of Fort Lewis Mountain on the left and Cove Mountain and North Mountain on the right. The hike continues over Sandstone Ridge and then you begin the climb to Dragon's Tooth.

Catawba Valley Trail-Stone Coal Gap-Lick Branch Trail

10.71 Miles, Moderate-Strenuous Last Hike 5-Mar-2006

Hike count 1

(Hike description needed)

Chessie Nature Trail

7.00 Miles, Easy-Moderate Last Hike 11-Sep-2005
Hike count 7

The hike is along the Maury River between Lexington and Buena Vista. It has river views, high cliffs and well-preserved locks of 19th-century canal system.

Chestnut Ridge Trail

5.40 Miles, Easy-Moderate Last Hike 30-Apr-2006
Hike count 9

The hike is located 4 miles from Roanoke and 1 mile from the Blue Ridge Parkway. It is a 5.4-mile figure-eight course around the Roanoke Campground behind Mill Mountain. The trail is well graded and surrounded by woods.

Cornelius Creek Trail to Jennings Creek

7.75 Miles, 57.32 Last Hike 9-May-2004
Hike count 1

Located in Botetourt County, the hike offers great creek side walking along beautiful Conrelius Creek and includes views from Black Rock Overlook on AT. Hike will pass both Cornelius Creek Shelter and Bryant Ridge Shelter.

Cornelius Creek Trail, AT, Glenwood Horse Trail, Apple Orchard Falls Trail

12.50 Miles, Strenuous Last Hike 5-Jun-2005
Hike count 1

Located in Botetourt County, the hike will start at the trailhead of the Cornelius Creek Trail on the upper end of North Creek. We will follow Cornelius Creek Trail to where it intersects the AT. We will then follow the AT South to the junction of the blue blaze Trail to the Cornelius Creek Shelter. We will take the blue blaze trail past the shelter to the Glenwood Horse Trail where we will head north on the horse trail until it reaches the site of the former Camp Kewansee. We will then follow an old gated forest service road to the BRPW to Sunset Field. We will take the Apple Orchard Falls Trail back to the starting point. This hike offers three stunning creeks, two waterfalls, scenic views from Black Rock Overlook and Sunset Field.

Cove Branch, Potts Arm Loop

5.40 Miles, Moderate Last Hike 14-Aug-2005
Hike count 2

The hike, located in Craig County, will ascend Cove Branch, a beautiful streamside trail, and then cross over to Potts Arm through mature hardwoods in a remote section of the National Forest near Shawvers Run Wilderness. We will have lunch on a grassy bald on the ridge of Potts Arm and then descend Potts Arm trail through woodlands to the forest service road at the bottom.

Cove Mountain and Little Cove Mountain Circuit

7.50 Miles, Moderate-Strenuous Last Hike 5-Sep-2004

Hike count 1

Located in Botetourt County This hike offers creek side walking along a branch of Cove Creek, a stop at Little Cove Mountain Shelter and a view from a rock formation just a few hundred feet north of shelter. An alteration, avoiding the normal road walk, will bring the hike by waterfalls.

Crabtree Falls

5.80 Miles, Moderate Last Hike 21-May-2006

Hike count 3

The hike is located in Nelson County, and follows Crabtree Creek, with scenic overlooks at the five major cascades, which with a number of smaller ones, have a total fall of 1,200 feet.

Curry Gap (BRP) to Daleville (RT 220) 113-Mile Hike # 2

9.40 Miles, Moderate-Strenuous Last Hike 6-Mar-2005

Hike count 2

The hike is located in Botetourt County. (Hike description needed)

Curry Gap (BRP) to Fullhart Knob Shelter

7.80 Miles, Easy-Moderate Last Hike 30-Oct-2005

Hike count 1

The hike is located in Botetourt County. (Hike description needed)
